

2023 Banff Winterstart Five Miler  
Rundlestone Lodge, Banff, AB, Canada  
11/04/2023

Results by racedaytiming.ca

Overall 5 Mile Road Race Results

Rank	Rank In Div	Agegroup	Num Competitor	Competitor	City	Elapsed Time	Pace Min/Km	Gun Time
1	1/34	M20-29	752	Stefan DANIEL	Calgary	27:08	3:24	27:09
2	1/135	M30-39	884	Tyler WILLIAMS	Banff	29:15	3:40	29:17
3	1/88	M40-49	1038	Erik CARLETON	Canmore	29:25	3:41	29:27
4	2/34	M20-29	823	David MCNISH	Calgary	29:35	3:42	29:36
5	2/135	M30-39	929	Jonathan ROTH	Cochrane	30:01	3:46	30:04
6	3/135	M30-39	1022	Craig LOGAN	Canmore	30:06	3:46	30:09
7	4/135	M30-39	883	Grant FLAGLER	Canmore	30:15	3:47	30:17
8	5/135	M30-39	632	Ryan EDGAR	Calgary	31:11	3:54	31:13
9	6/135	M30-39	420	Andrei DANDRIDGE-EVANCIO	Banff	31:18	3:55	31:21
10	7/135	M30-39	446	Ryan CORMIER	Calgary	31:22	3:56	31:24
11	3/34	M20-29	251	Brandt DAVIS	Carstairs	31:35	3:57	31:40
12	1/197	F30-39	916	Alison MCPHERSON	Banff	31:46	3:59	31:49
13	8/135	M30-39	202	Mark SCHINDEL	Calgary	31:58	4:00	32:01
14	1/43	M50-59	608	Andy REED	Canmore	32:03	4:01	32:05
15	2/88	M40-49	765	Peter SULLIVAN	Canmore	32:06	4:01	32:09
16	3/88	M40-49	12	Gunnar FALKE	Canmore	32:13	4:02	32:14
17	4/34	M20-29	1111	Charles PRICE	Calgary	32:38	4:05	32:43
18	4/88	M40-49	1044	Shawn BUNNIN	Calgary	32:42	4:06	32:47
19	5/88	M40-49	39	Adam TEASDALE	Calgary	32:57	4:07	33:00
20	9/135	M30-39	400	Joel KEELING	Calgary	33:01	4:08	33:09
21	6/88	M40-49	613	David WILLMS	Calgary	33:08	4:09	33:12
22	10/135	M30-39	454	Theo ENGMAN	Canmore	33:45	4:14	33:48
23	11/135	M30-39	639	David LEARMONTH	Calgary	33:58	4:15	34:05
24	12/135	M30-39	33	Cassidy NYMAN	Calgary	33:59	4:15	34:04
25	1/21	M15-19	470	Benjamin RUDER	Calgary	34:06	4:16	34:17
26	2/197	F30-39	419	Elizabeth HALLERAN	Banff	34:06	4:16	34:20
27	1/24	M01-14	974	Miles HALEK	Banff	34:07	4:16	34:09
28	13/135	M30-39	670	Michael ROLES	Calgary	34:08	4:16	34:12
29	5/34	M20-29	914	Maksym HOLOVATYI	Calgary	34:16	4:17	34:18
30	3/197	F30-39	1043	Ashley BUNNIN	Calgary	34:18	4:18	34:23
31	14/135	M30-39	906	Yuriy ZABAVA	Calgary	34:20	4:18	34:24
32	1/55	F20-29	815	Ashley RUNNALLS	Calgary	34:21	4:18	34:26
33	7/88	M40-49	1102	Marcos MOLINA	Banff	34:25	4:19	34:27
34	6/34	M20-29	910	Connor MACKEY	Calgary	34:27	4:19	34:30

35	15/135	M30-39	777 Brandon FONG	Calgary	34:41	4:21	34:55
36	1/152	F40-49	38 Emma BILLINGTON	Calgary	34:42	4:21	34:46
37	16/135	M30-39	587 Devin LEMMEX	Calgary	34:45	4:21	34:53
38	4/197	F30-39	802 Katie MCGREER	Edmonton	34:45	4:21	34:50
39	1/24	M60-69	832 Doug EVANS	Canmore	34:50	4:22	34:55
40	8/88	M40-49	923 Jason DOORNBOS	Calgary	34:54	4:22	35:03
41	2/152	F40-49	834 Carolyn MURRAY	Victoria	34:59	4:23	35:03
42	3/152	F40-49	341 Tara LOHMANN	Calgary	35:03	4:23	35:10
43	5/197	F30-39	930 Christina FEDORONKO	Calgary	35:06	4:24	35:13
44	6/197	F30-39	573 Janelle WATSON	Calgary	35:08	4:24	35:15
45	7/34	M20-29	1013 Mark TEESDALE	Banff	35:29	4:27	35:33
46	2/21	M15-19	1003 David ZIVOT	Banff	35:29	4:27	35:34
47	1/65	F50-59	609 Saira REED	Canmore	35:37	4:27	35:50
48	2/24	M01-14	471 Joe RUDER	Calgary	35:44	4:28	35:55
49	7/197	F30-39	267 Brynlee THOMAS	Kimberley	35:45	4:29	35:54
50	8/197	F30-39	874 Pavlina ONDREJOVA	Banff	35:49	4:29	35:54
51	4/152	F40-49	760 Heather MACPHERSON	Canmore	35:55	4:30	36:08
52	2/43	M50-59	468 Darren STARCHUK	Edmonton	35:58	4:30	36:03
53	3/43	M50-59	552 Tim SANDER	Canmore	36:00	4:30	36:04
54	9/197	F30-39	772 Joelle SCOTT	Canmore	36:02	4:31	36:24
55	17/135	M30-39	716 Aaron RANKIN	Calgary	36:04	4:31	36:11
56	10/197	F30-39	360 Ellen PEARCE	Calgary	36:09	4:32	36:42
57	2/55	F20-29	909 Sara HALL	Calgary	36:09	4:32	36:12
58	3/21	M15-19	833 Tobias BREYMANN	Canmore	36:15	4:32	36:17
59	4/21	M15-19	966 Will DONOHOE	Banff	36:17	4:33	36:19
60	18/135	M30-39	268 Thomas BROWN	Kimberley	36:20	4:33	36:28
61	19/135	M30-39	339 Sean METCALFE	Moyie	36:42	4:36	36:49
62	5/21	M15-19	580 Logan METCALFE	Cochrane	36:43	4:36	36:49
63	20/135	M30-39	813 John GIDDENS	Cochrane	36:46	4:36	36:59
64	21/135	M30-39	861 Sam HETHERINGTON	Calgary	36:49	4:37	38:19
65	8/34	M20-29	249 Ethan SHIPLEY	Calgary	36:53	4:37	37:09
66	22/135	M30-39	727 Evan BIRCH	Calgary	36:54	4:37	36:58
67	23/135	M30-39	742 Michael COOLEY	Calgary	36:57	4:38	37:02
68	24/135	M30-39	64 Andrew LEITCH	Calgary	37:03	4:38	37:19
69	11/197	F30-39	882 Chantal BADGER	Canmore	37:05	4:39	37:10
70	25/135	M30-39	667 Colum O'SULLIVAN	Calgary	37:08	4:39	37:29
71	9/88	M40-49	320 Michael TENOVE	Calgary	37:10	4:39	37:48
72	26/135	M30-39	836 Jackson HEWITT	Calgary	37:15	4:40	37:29
73	2/24	M60-69	761 Tom WISENER	Canmore	37:21	4:41	37:35
74	6/21	M15-19	1114 David ZIVOT	Calgary	37:25	4:41	37:27
75	27/135	M30-39	640 Gilles ALLARD	Calgary	37:30	4:42	37:42
76	10/88	M40-49	1109 Jonathan PETTINGER	Melville	37:39	4:43	39:10
77	7/21	M15-19	805 Samuele STOCCO	Canmore	37:42	4:43	37:44
78	28/135	M30-39	812 Ethan ARCHER	Calgary	37:43	4:43	38:19
79	12/197	F30-39	811 Gemma KEAN	Calgary	37:44	4:43	38:20

80	11/88	M40-49	448 Sean WATKINS	Calgary	37:46	4:44	38:17
81	13/197	F30-39	644 Megan BLAIN	Calgary	37:49	4:44	37:52
82	29/135	M30-39	642 Alli SAID	Calgary	37:50	4:44	37:50
83	30/135	M30-39	643 Shane CLUTTON	Calgary	37:51	4:44	39:22
84	9/34	M20-29	288 Benjamin SCOTT	Calgary	37:58	4:45	38:21
85	31/135	M30-39	705 Co GOUGEON	Calgary	37:59	4:45	38:14
86	12/88	M40-49	854 Thomas LINDSAY	Minneapolis	38:00	4:45	38:08
87	10/34	M20-29	277 Gordon WALTERS	Calgary	38:01	4:46	38:26
88	1/17	F15-19	441 Eliza SMITH	Raymond	38:02	4:46	38:29
89	32/135	M30-39	278 Stephen WALTERS	Calgary	38:07	4:46	38:32
90	3/24	M60-69	10 Michael WESOLOWSKI	Calgary	38:08	4:46	38:14
91	11/34	M20-29	275 Noah WALTERS	Calgary	38:08	4:46	38:32
92	33/135	M30-39	361 Gustavo ELGUETA	Calgary	38:09	4:47	38:30
93	5/152	F40-49	317 Darcie TYMRICK-PURVIS	Calgary	38:09	4:47	38:18
94	14/197	F30-39	239 Brenna THIESSEN	Calgary	38:11	4:47	38:31
95	8/21	M15-19	972 Dylan GIESBRECHT	Banff	38:12	4:47	38:14
96	2/65	F50-59	551 Natasha MILES	Canmore	38:15	4:47	38:21
97	34/135	M30-39	630 Patrick DEER	Calgary	38:16	4:47	38:37
98	4/43	M50-59	133 Mark MARTENS	Calgary	38:24	4:48	38:30
99	35/135	M30-39	668 Dan NEESOM	Calgary	38:30	4:49	38:42
100	9/21	M15-19	991 Jake MORAN	Banff	38:33	4:50	38:36
101	3/55	F20-29	519 Courtney BOGSTIE	Priddis	38:35	4:50	38:52
102	36/135	M30-39	844 Kevin MITCHELL	Calgary	38:37	4:50	38:51
103	12/34	M20-29	389 Curtis MACMILLAN	Cochrane	38:37	4:50	39:12
104	10/21	M15-19	997 Peyton TACIUK	Banff	38:40	4:50	38:43
105	5/43	M50-59	920 Nathan FREED	Edmonton	38:40	4:50	40:24
106	37/135	M30-39	1018 Robert PREATER23	Calgary	38:41	4:51	39:26
107	38/135	M30-39	335 Tom JAMIESON	Calgary	38:42	4:51	38:48
108	6/152	F40-49	825 Lisa MATTHEWS	Calgary	38:43	4:51	38:47
109	1/30	F01-14	982 Ellie HYNDMAN	Banff	38:44	4:51	39:54
110	6/43	M50-59	63 Scott ELIAS	Standard	38:45	4:51	38:55
111	15/197	F30-39	631 Stacey HOLBROOK	Calgary	38:45	4:51	38:53
112	13/88	M40-49	416 Jason DE WEERD	Calgary	38:46	4:51	38:56
113	14/88	M40-49	582 Nathan THIESSEN	Calgary	38:47	4:51	39:53
114	15/88	M40-49	574 Adam FROH	Calgary	38:47	4:51	38:55
115	39/135	M30-39	538 Kyle WALMSLEY	Calgary	38:52	4:52	39:04
116	40/135	M30-39	138 James DORAN	Okotoks	38:53	4:52	39:52
117	41/135	M30-39	901 Seger BROWN	Calgary	38:57	4:53	39:12
118	3/24	M01-14	992 Riley MORAN	Banff	39:04	4:53	40:14
119	7/152	F40-49	703 Amber FOUGERE	Banff	39:05	4:54	39:46
120	16/88	M40-49	348 Kim LUDTKE	Calgary	39:06	4:54	39:25
121	16/197	F30-39	52 Laura HENDERSON	Calgary	39:07	4:54	39:25
122	17/88	M40-49	663 Kyle JENNER	Calgary	39:11	4:54	39:20
123	4/55	F20-29	1101 Georgia OCAROLAN	Banff	39:14	4:55	39:17
124	13/34	M20-29	437 Spencer HENINGER	Calgary	39:15	4:55	39:41

125	18/88	M40-49	340 Brad KUDAR	Calgary	39:17	4:55	39:40
126	14/34	M20-29	917 Hryhorii KULYNYCH	Calgary	39:28	4:56	39:32
127	17/197	F30-39	736 Jeanette ALEXIUK	Calgary	39:28	4:56	39:45
128	18/197	F30-39	664 Kirstin MCCOMBE	Calgary	39:37	4:58	40:28
129	2/17	F15-19	462 Aymara SARIN	Calgary	39:40	4:58	39:51
130	42/135	M30-39	828 John GRIFFITHS	Calgary	39:41	4:58	40:10
131	7/43	M50-59	319 Neil HARBARUK	Calgary	39:43	4:58	40:13
132	2/30	F01-14	999 Charli VERTZ	Banff	39:43	4:58	39:52
133	19/88	M40-49	873 George DIAZ	Canmore	39:47	4:59	39:52
134	20/88	M40-49	751 Jamie MCMULLIN	Lethbridge	39:47	4:59	39:59
135	43/135	M30-39	1011 Kenton SPORTAK	Calgary	39:49	4:59	41:08
136	8/152	F40-49	1 Siubhan DRINNAN	Sherwood Park	39:49	4:59	39:59
137	44/135	M30-39	431 Borden MILLER	Calgary	39:52	4:59	40:08
138	21/88	M40-49	1110 Dan EVANS	Calgary	39:55	5:00	40:27
139	5/55	F20-29	848 Emily BANGSBOLL	Calgary	39:55	5:00	40:08
140	19/197	F30-39	248 Brittany STEELE	Calgary	40:03	5:01	40:24
141	9/152	F40-49	456 Nicki REHN	Calgary	40:09	5:02	40:13
142	22/88	M40-49	315 Martin BALMENT	Calgary	40:10	5:02	40:48
143	11/21	M15-19	993 Hudson PHILLIPS	Banff	40:10	5:02	40:13
144	23/88	M40-49	313 Monte RATTRAY	Carseland	40:11	5:02	40:48
145	20/197	F30-39	247 Ashley ROSZELL	Calgary	40:13	5:02	40:33
146	21/197	F30-39	346 Lesley Ann STAPLETON	Bragg Creek	40:21	5:03	40:35
147	22/197	F30-39	625 Rachel OLDRING	Calgary	40:24	5:03	41:03
148	24/88	M40-49	181 Alan CHU	Calgary	40:27	5:04	40:48
149	6/55	F20-29	427 Madison FULLERTON	Calgary	40:28	5:04	41:13
150	7/55	F20-29	316 Conne LATEGAN	Edmonton	40:28	5:04	41:13
151	45/135	M30-39	835 Josh RUMOHR	Victoria	40:29	5:04	41:59
152	25/88	M40-49	386 John REMI	Calgary	40:34	5:05	40:44
153	8/43	M50-59	234 John TWEDDLE	Edmonton	40:34	5:05	40:38
154	23/197	F30-39	875 Courtney RZEPKA	Canmore	40:34	5:05	40:43
155	24/197	F30-39	65 Sigourney COURTRIGHT	Calgary	40:36	5:05	40:57
156	25/197	F30-39	115 Kimberly NIX	Okotoks	40:37	5:05	41:35
157	26/88	M40-49	72 Jason HAYES	Calgary	40:37	5:05	40:53
158	10/152	F40-49	71 Eleanor PARROTT	Calgary	40:37	5:05	40:52
159	46/135	M30-39	566 Tim YOUNG	Calgary	40:42	5:06	41:58
160	26/197	F30-39	732 Leah GERLACH	Vancouver	40:43	5:06	41:58
161	9/43	M50-59	305 Chris BRYANT	Canmore	40:48	5:06	41:06
162	47/135	M30-39	1100 Matthew CAHALIN	Banff	40:49	5:07	40:57
163	11/152	F40-49	418 Kathryn MENOTTI	Calgary	40:49	5:07	42:01
164	8/55	F20-29	440 Hannah SMITH	Raymond	40:52	5:07	41:18
165	3/65	F50-59	1009 Jill NEUFELD	Calgary	40:52	5:07	41:01
166	48/135	M30-39	362 Tony DIEP	Brooks	40:59	5:08	41:46
167	4/65	F50-59	460 Tara SLEMKO	Calgary	41:01	5:08	41:13
168	12/21	M15-19	998 Eric TAYLOR	Banff	41:08	5:09	41:11
169	9/55	F20-29	881 Vanessa PARKER	Calgary	41:16	5:10	41:34

170	49/135	M30-39	425 Chad WAGONER	Calgary	41:19	5:10	41:34
171	3/17	F15-19	977 Keira HAWKINS	Banff	41:21	5:11	41:27
172	50/135	M30-39	351 Adam HERMAN	Brooks	41:24	5:11	45:33
173	27/197	F30-39	424 Katie BROADWELL	Calgary	41:25	5:11	41:38
174	4/24	M01-14	983 Nolan HYNDMAN	Banff	41:27	5:11	41:29
175	51/135	M30-39	370 Aaron KATERENCHUK	Calgary	41:39	5:13	42:33
176	27/88	M40-49	281 Greg MAIDMENT	Calgary	41:40	5:13	42:15
177	28/197	F30-39	369 Lindsay WINTER	Calgary	41:41	5:13	42:31
178	29/197	F30-39	770 Robyn FINLEY	Calgary	41:42	5:13	42:31
179	12/152	F40-49	372 Patti POSADOWSKI	Calgary	41:42	5:13	42:31
180	3/30	F01-14	838 Yanna GERBER	Calgary	41:43	5:13	42:23
181	13/152	F40-49	169 Michèle SAUVÉ	Calgary	41:46	5:14	42:06
182	14/152	F40-49	161 Inge LANNON	Calgary	41:48	5:14	42:29
183	30/197	F30-39	651 Chantalle BRACE	Kelowna	41:50	5:14	42:42
184	15/152	F40-49	19 Susan WALL	Cochrane	41:51	5:14	42:07
185	28/88	M40-49	173 Frederick LOISELLE	Calgary	41:54	5:15	42:14
186	4/24	M60-69	95 Ed BICKLEY	Calgary	41:55	5:15	42:04
187	10/55	F20-29	862 Ramona KAUER	Calgary	41:55	5:15	42:08
188	31/197	F30-39	296 Michelle TURNER	Calgary	41:57	5:15	42:34
189	16/152	F40-49	347 Leslie JONES	Calgary	41:58	5:15	42:18
190	10/43	M50-59	77 Christopher PARTRIDGE	Calgary	41:59	5:15	42:08
191	29/88	M40-49	831 Vincent CAYANGA	St. Albert	42:02	5:16	42:13
192	11/43	M50-59	629 Robin WESEEN	Calgary	42:10	5:17	42:17
193	32/197	F30-39	691 Lindsay BROWN	Airdrie	42:16	5:17	43:02
194	52/135	M30-39	526 Layne BATY	Okotoks	42:19	5:18	43:20
195	30/88	M40-49	851 Colin MARTIN	Calgary	42:19	5:18	42:38
196	31/88	M40-49	562 Andrew EDDY	Calgary	42:23	5:18	43:35
197	17/152	F40-49	218 Ceilidh OSLAND	Edmonton	42:28	5:19	42:36
198	5/24	M01-14	948 Clark DAREL	Banff	42:29	5:19	43:39
199	18/152	F40-49	212 Kathryn WOODFORD	Calgary	42:36	5:20	43:01
200	4/17	F15-19	853 Maeve LINDSAY	Minneapolis	42:39	5:20	42:57
201	5/65	F50-59	943 Rhonnie ANDREWS	Calgary	42:39	5:20	43:26
202	19/152	F40-49	678 Chelsea HAINES	Calgary	42:39	5:20	43:41
203	53/135	M30-39	534 Tyler BICHEL	Calgary	42:44	5:21	42:58
204	54/135	M30-39	1027 Daniel EDWARDS	Calgary	42:44	5:21	43:38
205	32/88	M40-49	583 Kevin PAUL	Calgary	42:45	5:21	43:50
206	33/197	F30-39	1028 Sian JENKINS	Calgary	42:46	5:21	43:41
207	55/135	M30-39	859 Michael GORMLEY	Toronto	42:48	5:21	43:40
208	34/197	F30-39	860 Amanda GORMLEY	Toronto	42:48	5:21	43:40
209	35/197	F30-39	493 Olivia DRIEDGER	Canmore	42:57	5:23	43:39
210	56/135	M30-39	755 Oz BOURKE	Banff	42:59	5:23	43:17
211	36/197	F30-39	918 Jessica BERMEL	Calgary	43:00	5:23	43:36
212	33/88	M40-49	872 Jeff OLEARY	Banff	43:06	5:24	43:38
213	34/88	M40-49	119 George COLBERT	Calgary	43:07	5:24	43:19
214	35/88	M40-49	922 Chris DOORNBOS	Calgary	43:08	5:24	43:17

215	11/55	F20-29	1008 Erika BINDER	Calgary	43:09	5:24	43:36
216	6/24	M01-14	960 Carter ACETI	Banff	43:11	5:24	43:13
217	12/55	F20-29	681 Kirstin CHURCH	Calgary	43:15	5:25	44:11
218	1/28	F60-69	276 Diane WALTERS	Calgary	43:16	5:25	43:39
219	20/152	F40-49	43 Amanda SUTHERLAND	Calgary	43:21	5:26	44:28
220	13/21	M15-19	747 Benjamin KLEILE	Calgary	43:25	5:26	43:31
221	57/135	M30-39	179 Kennedy LYS	Calgary	43:26	5:26	43:31
222	37/197	F30-39	829 Ellen RICK	Calgary	43:27	5:26	44:37
223	58/135	M30-39	636 Tom SORELL	Calgary	43:28	5:26	44:50
224	7/24	M01-14	554 Dan CLARK	Calgary	43:28	5:26	44:46
225	12/43	M50-59	1042 Darin LARSON	Canmore	43:30	5:27	44:13
226	6/65	F50-59	846 Deb HALL	Calgary	43:33	5:27	43:54
227	21/152	F40-49	1045 Inna LAZMAN	Calgary	43:37	5:28	43:52
228	36/88	M40-49	704 Nick FOUGERE	Banff	43:38	5:28	44:19
229	59/135	M30-39	863 Jesse OUSDAHL	Calgary	43:47	5:29	44:00
230	60/135	M30-39	658 Shady REZK	Calgary	43:54	5:30	45:29
231	61/135	M30-39	541 Tom BLAKEMORE	Canmore	43:57	5:30	45:09
232	13/43	M50-59	461 Chris SARIN	Calgary	43:58	5:30	44:17
233	38/197	F30-39	807 Martine GRENON-LAFONTAINE	Canmore	43:59	5:30	44:13
234	37/88	M40-49	938 Ben MCGINN	Canmore	44:02	5:31	44:09
235	39/197	F30-39	34 Amy KONDR0	Calgary	44:03	5:31	44:50
236	14/21	M15-19	153 Graham TRZOK	Calgary	44:06	5:31	44:58
237	15/34	M20-29	907 Anastasia KUTSIK	Calgary	44:07	5:31	44:12
238	40/197	F30-39	497 Amanda NIXON	Calgary	44:11	5:32	45:36
239	2/28	F60-69	289 Laura YIP	Calgary	44:13	5:32	44:35
240	41/197	F30-39	111 Courtenay RIBEN	Calgary	44:19	5:33	44:36
241	62/135	M30-39	359 Josh ARGUE	Brooks	44:21	5:33	45:07
242	5/24	M60-69	321 Greg BROWN	Calgary	44:23	5:33	45:07
243	16/34	M20-29	638 Maxwell MACLAREN	Calgary	44:24	5:33	45:22
244	42/197	F30-39	937 Nicola WIDDOWSON	Canmore	44:27	5:34	44:33
245	38/88	M40-49	436 Brad HENINGER	Calgary	44:27	5:34	44:54
246	7/65	F50-59	637 Janice MACLAREN	Calgary	44:32	5:34	45:30
247	43/197	F30-39	821 Robyn HANSON	Red Deer	44:38	5:35	45:15
248	17/34	M20-29	822 Blair MORGAN	Red Deer	44:39	5:35	45:15
249	13/55	F20-29	857 Jenna GORDON	Banff	44:40	5:35	45:14
250	22/152	F40-49	415 Tara DE WEERD	Calgary	44:41	5:36	44:52
251	63/135	M30-39	1197 Tanner MELNYCHYN	Calgary	44:44	5:36	46:08
252	44/197	F30-39	533 Gabrielle MOUNTJOY	Calgary	44:46	5:36	45:00
253	45/197	F30-39	90 Naomi WITHERS	Calgary	44:47	5:36	46:43
254	64/135	M30-39	68 Unknown ATHLETE	Calgary	44:49	5:36	45:01
255	39/88	M40-49	675 Trevor NICOLAI	Edmonton	44:49	5:37	45:01
256	23/152	F40-49	323 Erin GARDNER	Calgary	44:49	5:37	45:14
257	6/24	M60-69	402 Kevin HIGA	Edmonton	44:54	5:37	45:04
258	14/43	M50-59	713 Scott HAINES	Strathmore	45:01	5:38	45:06
259	40/88	M40-49	753 Brad GOUGH	Calgary	45:02	5:38	45:37

260	65/135	M30-39	1190	Nicholas MCILHARGEY	Calgary	45:14	5:40	45:33
261	41/88	M40-49	677	Mark BOEYENGA	Edmonton	45:14	5:40	45:30
262	15/43	M50-59	160	Dan LANNON	Calgary	45:17	5:40	45:58
263	15/21	M15-19	225	Alex SUCHA	Calgary	45:17	5:40	45:55
264	46/197	F30-39	647	Diana ARCHILA	Toronto	45:19	5:40	45:46
265	14/55	F20-29	464	Catalina BARRETO	Calgary	45:25	5:41	46:14
266	47/197	F30-39	601	Kayti BATEA	Calgary	45:33	5:42	45:44
267	8/65	F50-59	132	Carolyn LEONARD	Calgary	45:42	5:43	46:07
268	48/197	F30-39	297	Amanda GRANT	Calgary	45:42	5:43	46:19
269	66/135	M30-39	483	Colin KERR	Calgary	45:44	5:43	47:18
270	15/55	F20-29	941	Arianna KATSABANIS	Calgary	45:45	5:43	46:11
271	16/43	M50-59	458	Vernon MASON	Edmonton	45:48	5:44	46:16
272	7/24	M60-69	232	J-C ST-LOUIS	Rocky View County	45:50	5:44	46:37
273	16/55	F20-29	81	Ryane FYITH-MCARTHUR	Lac La Biche	45:52	5:44	46:21
274	17/55	F20-29	768	Mikaela ANTAYA	Edmonton	45:52	5:44	46:22
275	17/43	M50-59	679	Mike LINN	Edmonton	45:53	5:44	45:57
276	18/55	F20-29	96	Makayla WATT	Wembley	45:53	5:45	46:21
277	9/65	F50-59	287	Kimberly SCOTT	Canmore	45:53	5:45	46:16
278	49/197	F30-39	707	Kelsey RAGAN	Calgary	45:54	5:45	46:44
279	5/17	F15-19	964	Kennedy DING	Banff	46:00	5:45	46:07
280	50/197	F30-39	764	Megan MARSHALL	Cochrane	46:01	5:46	46:40
281	67/135	M30-39	850	Simon EADE	Calgary	46:01	5:46	46:13
282	18/34	M20-29	411	Brogen SOLBERG	Calgary	46:07	5:46	47:20
283	4/30	F01-14	965	Isabella DONOHOE	Banff	46:09	5:47	46:14
284	5/30	F01-14	463	Siyara SARIN	Calgary	46:16	5:47	46:33
285	8/24	M01-14	475	Peter STONEHOUSE	Golden	46:20	5:48	46:31
286	42/88	M40-49	474	David STONEHOUSE	Golden	46:24	5:48	46:36
287	51/197	F30-39	904	Danielle TAYLOR	Calgary	46:25	5:49	48:18
288	24/152	F40-49	311	Andrea LESSARD	Calgary	46:25	5:49	48:06
289	43/88	M40-49	310	Jason HARGREAVES	Calgary	46:27	5:49	48:05
290	25/152	F40-49	473	Melanie STONEHOUSE	Golden	46:32	5:49	46:44
291	52/197	F30-39	757	Sara GREGOIRE	Edmonton	46:34	5:50	49:42
292	16/21	M15-19	971	Isaac FREEDMAN	Banff	46:36	5:50	46:39
293	19/34	M20-29	926	Derek DEJEWSKI	Calgary	46:37	5:50	47:23
294	19/55	F20-29	925	Maricruz POSADA	Calgary	46:37	5:50	47:23
295	44/88	M40-49	1010	Louis LOKANC	Beaumont	46:39	5:50	46:53
296	17/21	M15-19	979	Andrew HENNING	Banff	46:41	5:50	46:42
297	68/135	M30-39	114	Jarred NIX	Okotoks	46:47	5:51	47:48
298	69/135	M30-39	915	Serhii KUDELIN	Calgary	46:52	5:52	46:58
299	53/197	F30-39	715	Kate RAY	Calgary	46:54	5:52	47:49
300	70/135	M30-39	714	Brendan RAY	Calgary	46:54	5:52	47:51
301	71/135	M30-39	502	Matthew SCHAPANSKY	Okotoks	46:56	5:52	48:06
302	72/135	M30-39	91	Bryan WITHERS	Calgary	46:58	5:53	48:29
303	54/197	F30-39	855	Kortney STANLEY	Calgary	47:00	5:53	47:52
304	45/88	M40-49	756	Michael VILIMEK	Edmonton	47:06	5:54	50:16

305	55/197	F30-39	150 Brodie SCHAPANSKY	Okotoks	47:06	5:54	48:17
306	56/197	F30-39	149 Lindsey URBANI	Okotoks	47:06	5:54	48:17
307	6/30	F01-14	968 Norah ELENKO	Banff	47:08	5:54	47:13
308	57/197	F30-39	87 Claire OVENDEN	Edmonton	47:10	5:54	48:01
309	20/55	F20-29	849 Michaela RAE	Calgary	47:11	5:54	47:33
310	46/88	M40-49	1031 Mike NELSON	Vancouver	47:12	5:54	47:30
311	58/197	F30-39	1024 Erin ROBERTS	Calgary	47:19	5:55	48:10
312	21/55	F20-29	1023 Emilie GYSEL	Calgary	47:19	5:55	48:10
313	26/152	F40-49	778 Sarah GOUGH	Calgary	47:20	5:55	47:51
314	73/135	M30-39	433 Scott OAR	Saskatoon	47:20	5:55	47:38
315	8/24	M60-69	514 Michael MACMILLAN	Cochrane	47:23	5:56	47:58
316	59/197	F30-39	610 Corrine TURNER	Calgary	47:24	5:56	48:00
317	74/135	M30-39	754 Cristhian RODRIGUEZ	Calgary	47:27	5:56	47:54
318	9/24	M01-14	129 Dane PYLATIUK	Calgary	47:35	5:57	48:27
319	75/135	M30-39	405 Sukhpal JASSAR	Calgary	47:35	5:57	49:13
320	22/55	F20-29	898 Teagan SIGNAROWSKI	Calgary	47:38	5:58	48:34
321	20/34	M20-29	896 Ryan LEBELL	Regina	47:39	5:58	48:35
322	21/34	M20-29	897 Donovan SIM	Calgary	47:39	5:58	48:35
323	23/55	F20-29	515 Riley KOWBEL	Calgary	47:43	5:58	47:51
324	3/28	F60-69	15 Pamela GOSSMANN	Cochrane	47:44	5:58	48:01
325	27/152	F40-49	659 Amanda LAROCQUE	Cochrane	47:47	5:59	47:56
326	28/152	F40-49	489 Darlene HAUCK	Red Deer	47:48	5:59	49:13
327	60/197	F30-39	602 Alecia OSTERMANN	Calgary	47:52	5:59	48:02
328	18/43	M50-59	417 Richard JANSEN	Calgary	47:53	6:00	48:12
329	9/24	M60-69	410 Kim B. HEINZE	Calgary	47:57	6:00	48:52
330	61/197	F30-39	793 Stéphanie ST-JEAN	Airdrie	47:57	6:00	48:40
331	24/55	F20-29	878 Haylee BEEMAN	Dawson City	47:57	6:00	48:33
332	29/152	F40-49	619 Lyndsey-Kate CAMPBELL	Kelowna	47:58	6:00	49:27
333	10/65	F50-59	422 Janice SASAKI	Edmonton	47:58	6:00	49:18
334	22/34	M20-29	877 Colin FINK	Dawson City	47:58	6:00	48:33
335	76/135	M30-39	800 Markus NESTLE	Calgary	48:08	6:01	48:56
336	30/152	F40-49	452 Elaine DIES	Red Deer	48:10	6:02	49:37
337	19/43	M50-59	22 Murray GOODKEY	Red Deer	48:10	6:02	49:37
338	62/197	F30-39	481 Andrina NIXON	Calgary	48:16	6:02	49:05
339	47/88	M40-49	612 Jonathan BALINT	Calgary	48:17	6:03	48:37
340	63/197	F30-39	858 Nicole BARBOUR	Glasgow	48:18	6:03	48:53
341	25/55	F20-29	1105 Erin CHARLTON	Calgary	48:19	6:03	48:38
342	26/55	F20-29	1104 Carly LAVENDER	Calgary	48:20	6:03	48:39
343	64/197	F30-39	775 Shaminder BRAR	Airdrie	48:22	6:03	49:38
344	65/197	F30-39	142 Veronica TONGA	Calgary	48:24	6:03	49:26
345	77/135	M30-39	1193 Kevin JANSEN	Calgary	48:24	6:03	49:26
346	66/197	F30-39	1192 Kyla JANSEN	Calgary	48:24	6:03	49:25
347	67/197	F30-39	509 Kristy LACHAPELLE	Calgary	48:26	6:04	49:21
348	11/65	F50-59	306 Susan TAYLOR	Canmore	48:30	6:04	48:48
349	31/152	F40-49	222 Errin PAGE	Carseland	48:34	6:05	49:00



350	4/28	F60-69	171 Holly MCPHERSON	Calgary	48:34	6:05	49:04
351	68/197	F30-39	492 Alecia RUSH	Canmore	48:34	6:05	49:24
352	20/43	M50-59	172 Andrew BUCHOLTZ	Calgary	48:36	6:05	48:46
353	78/135	M30-39	484 Maxim BEAULIEU	Calgary	48:38	6:05	49:35
354	69/197	F30-39	734 Corrie DIMANNO	Banff	48:41	6:06	50:07
355	70/197	F30-39	539 Breanne STELLING	Calgary	48:41	6:06	49:40
356	71/197	F30-39	924 Sarah KEILBACH	Calgary	48:44	6:06	49:03
357	32/152	F40-49	13 Michelle COOZE	Canmore	48:48	6:06	49:01
358	33/152	F40-49	118 Jill COLBERT	Calgary	48:48	6:06	49:01
359	72/197	F30-39	137 Sharon DORAN	Okotoks	48:52	6:07	49:53
360	21/43	M50-59	600 Robert COOK	Calgary	48:52	6:07	50:06
361	22/43	M50-59	549 Paul LARMER	Calgary	48:53	6:07	49:29
362	12/65	F50-59	550 Jennifer LARMER	Calgary	48:53	6:07	49:29
363	27/55	F20-29	412 Helen SI	Calgary	48:54	6:07	50:06
364	73/197	F30-39	501 Terra MCLAREN	Canmore	48:56	6:07	49:39
365	79/135	M30-39	35 Bradley LEWIS	Calgary	49:02	6:08	49:45
366	48/88	M40-49	692 Steve DOWLER	Calgary	49:07	6:09	50:40
367	74/197	F30-39	211 Sukhman SANDHU	Vancouver	49:09	6:09	50:45
368	80/135	M30-39	1025 William PARDY	Calgary	49:10	6:09	50:31
369	81/135	M30-39	694 Trevor LAFRENIERE	Edmonton	49:13	6:09	49:39
370	13/65	F50-59	187 Jodie FERNQUIST	Calgary	49:16	6:10	50:31
371	10/24	M60-69	270 Lorne SCHOENTHALER	Calgary	49:17	6:10	50:31
372	34/152	F40-49	457 Jaime GONEK	Edmonton	49:18	6:10	49:46
373	75/197	F30-39	324 Dalene VISSER	Vancouver	49:25	6:11	49:45
374	76/197	F30-39	511 Hilary ANNICH	Calgary	49:27	6:11	50:14
375	77/197	F30-39	47 Jessica PHILLIPS	Calgary	49:27	6:11	49:50
376	49/88	M40-49	606 Steven PEPLINSKI	Edmonton	49:28	6:11	51:20
377	78/197	F30-39	121 Alicia HUTTON	Cochrane	49:28	6:11	50:37
378	82/135	M30-39	343 Tarik SADEK	Calgary	49:30	6:12	50:17
379	14/65	F50-59	271 Barb MANTELLO	Lethbridge	49:31	6:12	50:35
380	79/197	F30-39	792 Marilyn BEAUCHESNE	Airdrie	49:32	6:12	50:18
381	50/88	M40-49	1007 Karnie VERTZ	Sherwood Park	49:37	6:13	49:53
382	6/17	F15-19	531 Sarah SMITH	Raymond	49:38	6:13	50:02
383	35/152	F40-49	665 Paula SEARLE	Camrose	49:39	6:13	50:04
384	23/43	M50-59	666 Steve SEARLE	Camrose	49:40	6:13	50:04
385	80/197	F30-39	228 Danielle BAZINET	Calgary	49:40	6:13	50:17
386	81/197	F30-39	223 Nicole BAZINET	Calgary	49:40	6:13	50:17
387	82/197	F30-39	935 Sarah PULLMAN	Canmore	49:41	6:13	49:56
388	36/152	F40-49	830 Abigail CAYANGA	St. Albert	49:43	6:13	49:55
389	37/152	F40-49	263 Lesley BECK	Calgary	49:44	6:13	50:11
390	83/197	F30-39	214 Danielle DOORNBOS	Calgary	49:46	6:14	50:49
391	38/152	F40-49	215 Heidi COLLINGE	Calgary	49:46	6:14	50:49
392	15/65	F50-59	1032 Erika BERGER	Calgary	49:48	6:14	50:50
393	83/135	M30-39	99 Tony GALL	Calgary	49:51	6:14	51:12
394	84/135	M30-39	334 Scott BISHOP	Calgary	49:57	6:15	50:39

395	10/24	M01-14	208	Emmett STRANSKY	Calgary	49:57	6:15	51:21
396	16/65	F50-59	735	Lori MEYER	Airdrie	49:59	6:15	51:34
397	51/88	M40-49	733	Mark GRIMSRUD	Vancouver	50:00	6:15	51:34
398	84/197	F30-39	8	Rebecca VAN HOEVE	Calgary	50:05	6:16	50:21
399	18/21	M15-19	1035	Michael LEVIK	Calgary	50:07	6:16	50:13
400	5/28	F60-69	55	Lucie JONES	Calgary	50:11	6:17	51:26
401	39/152	F40-49	314	Meghan BALMENT	Calgary	50:13	6:17	50:56
402	52/88	M40-49	445	Connor O'SHEA	Calgary	50:16	6:17	50:58
403	40/152	F40-49	256	Brier REID	Calgary	50:19	6:18	50:49
404	1/8	M70+	66	Jim FRY	Calgary	50:19	6:18	50:26
405	7/17	F15-19	127	Raya PYLATIUK	Calgary	50:19	6:18	51:13
406	28/55	F20-29	919	Mikayla CULLUM	Calgary	50:25	6:18	51:09
407	85/197	F30-39	238	Samm PEAKE	Calgary	50:25	6:19	51:17
408	41/152	F40-49	280	Kristen BEECHEY	Calgary	50:31	6:19	51:51
409	86/197	F30-39	450	Colina MARSHALL	Calgary	50:34	6:20	51:12
410	29/55	F20-29	868	Amy HODSON	Banff	50:35	6:20	50:44
411	87/197	F30-39	899	Abigail SEGUIN	Calgary	50:42	6:21	52:21
412	85/135	M30-39	900	Marcel SEGUIN	Calgary	50:42	6:21	52:21
413	23/34	M20-29	201	Riley CORRIGAN	Carstairs	50:43	6:21	51:21
414	53/88	M40-49	684	Miles BATE	Calgary	50:44	6:21	51:27
415	24/34	M20-29	903	Bradley SCARROW	Cochrane	50:45	6:21	55:05
416	86/135	M30-39	689	Matthew WATT	Calgary	50:46	6:21	52:38
417	88/197	F30-39	237	Lacey ZACHARIAS	Calgary	50:46	6:21	51:37
418	89/197	F30-39	837	Alexandra GRADEEN	Calgary	50:47	6:21	55:06
419	87/135	M30-39	286	Scott DALEY	Calgary	50:50	6:22	51:13
420	19/21	M15-19	259	Logan THOMAS	Okotoks	50:51	6:22	52:13
421	30/55	F20-29	58	Tirion JONES	Calgary	51:03	6:23	52:19
422	7/30	F01-14	988	Dani LESLIE	Banff	51:09	6:24	52:41
423	17/65	F50-59	806	Shelley ZWICKER	Calgary	51:10	6:24	51:44
424	54/88	M40-49	318	Gerard TYMRICK-PURVIS	Calgary	51:10	6:24	53:05
425	25/34	M20-29	776	Dylon LAKEVOLD	Calgary	51:12	6:24	52:06
426	42/152	F40-49	1036	Kerrie-Lee SCOTT	Calgary	51:14	6:25	52:37
427	18/65	F50-59	128	Heather PYLATIUK	Calgary	51:15	6:25	52:07
428	31/55	F20-29	59	Karis BARKER	Calgary	51:19	6:25	51:40
429	24/43	M50-59	152	Mladen TRZOK	Calgary	51:20	6:25	52:13
430	11/24	M01-14	154	Gannon TRZOK	Calgary	51:20	6:25	52:15
431	20/21	M15-19	912	Matteo CASTILLO	Calgary	51:22	6:26	51:48
432	43/152	F40-49	866	Sandy ARNETT	Calgary	51:24	6:26	52:37
433	19/65	F50-59	207	Lise STRANSKY	Calgary	51:30	6:27	52:38
434	44/152	F40-49	216	Michelle BAMFORD	Calgary	51:37	6:28	52:25
435	20/65	F50-59	266	Melanie VEGTER	Lethbridge	51:37	6:28	52:41
436	8/17	F15-19	845	Charlotte FAY	Calgary	51:37	6:28	52:10
437	45/152	F40-49	57	Sydney FAY	Calgary	51:39	6:28	52:11
438	46/152	F40-49	46	Sarah JORDAN	Calgary	51:39	6:28	52:12
439	47/152	F40-49	210	Louise RAINEY	Calgary	51:40	6:28	52:04

440	48/152	F40-49	260	Melissa PICHE	Strathmore	51:40	6:28	52:09
441	49/152	F40-49	265	Michelle KINGHORN	Calgary	51:41	6:28	52:09
442	55/88	M40-49	112	Andrew RIBEN	Calgary	51:43	6:28	52:01
443	50/152	F40-49	75	Cheryl ELLO	Banff	51:50	6:29	52:32
444	32/55	F20-29	620	Leah PATRIE	Calgary	51:51	6:29	52:02
445	9/17	F15-19	975	Carmen HANNEMA	Banff	51:54	6:30	52:00
446	51/152	F40-49	478	Kristen MCCUTCHEON	Banff	51:57	6:30	52:43
447	21/65	F50-59	780	Debbie HARKSEN	Canmore	51:57	6:30	52:25
448	25/43	M50-59	888	Tim OLSON	Calgary	51:57	6:30	52:25
449	26/34	M20-29	472	Abdul NASSORO	Edmonton	51:58	6:30	52:25
450	52/152	F40-49	434	Kelsie LAMBERT	Banff	51:58	6:30	52:44
451	90/197	F30-39	556	Lindsay WEBSTER	Calgary	51:59	6:30	53:18
452	91/197	F30-39	44	Meghan GILPIN	Calgary	52:04	6:31	53:19
453	12/24	M01-14	782	Jacob MCGLINCHEY	Foothills	52:16	6:32	52:46
454	88/135	M30-39	939	Sheldon KOWALCHUK	Calgary	52:17	6:33	52:30
455	6/28	F60-69	186	Arlene BUTLER	Bentley	52:17	6:33	52:33
456	8/30	F01-14	995	Gemma SEAL	Banff	52:21	6:33	52:51
457	33/55	F20-29	650	Carmen GIORGINI	Calgary	52:24	6:33	53:27
458	11/24	M60-69	718	Bob MARBLE	Calgary	52:29	6:34	53:05
459	22/65	F50-59	719	Sandra HUDSON	Calgary	52:31	6:34	53:05
460	92/197	F30-39	767	Jessica SMID	Redwood Meadows	52:32	6:34	53:01
461	7/28	F60-69	942	Lee RINNE	Calgary	52:32	6:34	53:19
462	9/30	F01-14	984	Madeline JACKSON	Banff	52:32	6:34	54:07
463	89/135	M30-39	432	Robert SPROULE	Calgary	52:34	6:35	52:51
464	93/197	F30-39	394	Jordan SUDERMANN	Calgary	52:34	6:35	53:14
465	94/197	F30-39	500	Morgan ROSS	Brooks	52:42	6:36	53:27
466	90/135	M30-39	444	Arlo SUTHERLAND	Calgary	52:43	6:36	53:25
467	95/197	F30-39	626	Daphne BOUCHER	Calgary	52:43	6:36	53:24
468	27/34	M20-29	1191	Xander SAAYMAN	Calgary	52:45	6:36	53:12
469	10/17	F15-19	976	Loren HANNEMA	Banff	52:46	6:36	52:55
470	11/17	F15-19	787	Molly HYNDMAN	Calgary	52:47	6:36	52:55
471	56/88	M40-49	545	Greg PEPLINSKI	Calgary	52:48	6:36	54:42
472	2/8	M70+	520	Doug BOGSTIE	Priddis	52:50	6:37	53:02
473	91/135	M30-39	236	Jordan MOLLAN	Red Deer	52:52	6:37	53:30
474	53/152	F40-49	293	Michelle SAQUET	Calgary	52:56	6:37	54:19
475	57/88	M40-49	576	Kris JACEK	Edmonton	52:58	6:38	54:16
476	54/152	F40-49	103	Laetitia MAZENOD	Calgary	52:58	6:38	54:28
477	55/152	F40-49	401	Caroline ANDERSON	Calgary	52:58	6:38	54:28
478	23/65	F50-59	546	Kelly KAY	Calgary	53:03	6:38	54:04
479	28/34	M20-29	1108	Mitchell PALAHNIUK	Edmonton	53:04	6:38	54:11
480	96/197	F30-39	894	Alexandra HAGER	Calgary	53:05	6:39	53:25
481	12/24	M60-69	264	Thomas WOOD	Calgary	53:05	6:39	54:48
482	97/197	F30-39	683	Jasmine WATT	Calgary	53:22	6:41	55:15
483	10/30	F01-14	1001	Brooke GAROSSINO	Calgary	53:26	6:41	53:56
484	24/65	F50-59	893	Sharon TOMKINS	Calgary	53:32	6:42	53:52

485	26/43	M50-59	798 Steven CAVANAGH	Calgary	53:34	6:42	54:05
486	98/197	F30-39	144 Sian ANDERSON	Okotoks	53:37	6:43	54:36
487	99/197	F30-39	291 Kimberley ROCKWELL	Calgary	53:38	6:43	54:46
488	27/43	M50-59	466 John CONNORS	Edmonton	53:41	6:43	55:13
489	56/152	F40-49	145 Chrissy MOULAND	Okotoks	53:41	6:43	54:40
490	100/197	F30-39	799 Tanya ZENNER	Cochrane	53:44	6:43	55:14
491	101/197	F30-39	801 Deb GAFFNEY	Calgary	53:44	6:43	55:15
492	92/135	M30-39	371 Tyler DEMERS	Calgary	53:49	6:44	54:43
493	93/135	M30-39	381 Grayson LYNCH	Airdrie	53:50	6:44	54:46
494	57/152	F40-49	516 Viktoriya RUSTAD	Calgary	53:50	6:44	55:17
495	25/65	F50-59	521 Natalia ASHE	Calgary	53:51	6:44	55:17
496	26/65	F50-59	494 Elena TABELEV	Calgary	53:52	6:44	55:19
497	29/34	M20-29	1199 Markus SAAYMAN	Calgary	53:53	6:45	54:20
498	102/197	F30-39	1198 Marielle SAAYMAN	Calgary	53:54	6:45	54:20
499	103/197	F30-39	406 Harjasleen DHILLON	Calgary	53:56	6:45	55:24
500	28/43	M50-59	110 Barry G. SMITH	Calgary	53:57	6:45	55:39
501	34/55	F20-29	61 Ellen BEEN	Calgary	53:59	6:45	55:18
502	35/55	F20-29	143 Madison SAVILOW	Calgary	54:00	6:45	55:18
503	36/55	F20-29	933 Samara STEWART	Edmonton	54:00	6:45	55:38
504	37/55	F20-29	934 Amy STAFFORD	Red Deer	54:01	6:46	55:37
505	38/55	F20-29	879 Lauren HOMAYOON	Calgary	54:02	6:46	55:40
506	27/65	F50-59	272 Louisa FREARS	Calgary	54:02	6:46	55:36
507	28/65	F50-59	469 Donna KWAN	Calgary	54:03	6:46	54:20
508	104/197	F30-39	1004 Adrienne WONG	Calgary	54:10	6:47	55:14
509	105/197	F30-39	781 Natasha MONK	Calgary	54:11	6:47	55:27
510	106/197	F30-39	1030 Christine HARRIS	Calgary	54:13	6:47	54:13
511	58/88	M40-49	333 Kyle CONNELLY	Okotoks	54:15	6:47	55:00
512	107/197	F30-39	524 Maddie GAUTHIER	Calgary	54:19	6:48	55:15
513	108/197	F30-39	390 Carly KEUBEN	Cochrane	54:20	6:48	54:55
514	29/43	M50-59	206 Jeff STRANSKY	Calgary	54:21	6:48	55:28
515	13/24	M01-14	209 Oscar STRANSKY	Calgary	54:21	6:48	55:28
516	109/197	F30-39	624 Heather URLACHER	Calgary	54:27	6:49	55:08
517	29/65	F50-59	350 Fan PFEIFER	Calgary	54:31	6:49	55:01
518	58/152	F40-49	255 Laura PELLEGRIN	Calgary	54:32	6:49	55:01
519	59/152	F40-49	623 Kyla MILLER	Calgary	54:32	6:49	55:13
520	60/152	F40-49	871 Marshall LAURA	Banff	54:33	6:50	55:04
521	61/152	F40-49	927 Joanna HARDY	Calgary	54:35	6:50	55:03
522	12/17	F15-19	517 Myah RUSTAD	Calgary	54:36	6:50	56:02
523	62/152	F40-49	21 Debbie SCHULTZ	Calgary	54:36	6:50	55:45
524	110/197	F30-39	11 Meghan DYWRE	Calgary	54:36	6:50	55:45
525	94/135	M30-39	76 Brian KIM	Calgary	54:37	6:50	54:58
526	111/197	F30-39	226 Chantal BAZINET	Calgary	54:38	6:50	55:15
527	14/24	M01-14	967 Isaac ELENKO	Banff	54:40	6:50	55:53
528	63/152	F40-49	797 Andree-Anne ROBERT	Airdrie	54:41	6:51	55:25
529	95/135	M30-39	30 Ryan WARD	Calgary	54:42	6:51	55:32

530	15/24	M01-14	990	Levi MCKELLAR	Banff	54:45	6:51	55:56
531	112/197	F30-39	794	Catherine MYRAND	Airdrie	54:47	6:51	55:30
532	113/197	F30-39	1103	Leslie BANNON	Calgary	54:47	6:51	56:17
533	59/88	M40-49	634	Jacqui READER	Calgary	54:54	6:52	55:56
534	30/34	M20-29	354	Aaron LAGACE	Brooks	54:54	6:52	59:06
535	30/65	F50-59	70	Jennifer FLEMING	Calgary	54:57	6:53	56:39
536	11/30	F01-14	961	Addison BARR	Banff	54:59	6:53	56:32
537	114/197	F30-39	532	Brittany HOLLOWAY	Calgary	55:01	6:53	55:16
538	12/30	F01-14	994	Sarah ROBERTSON	Banff	55:02	6:53	56:37
539	96/135	M30-39	383	Rory STAFFORD	Red Deer	55:03	6:53	55:58
540	64/152	F40-49	750	Christie MCMULLIN	Lethbridge	55:12	6:54	55:23
541	65/152	F40-49	397	Kate BALON	Red Deer	55:12	6:54	55:53
542	66/152	F40-49	396	Laureen LAMB	Calgary	55:12	6:54	55:55
543	39/55	F20-29	876	Bridget HAYES	Calgary	55:12	6:54	55:29
544	40/55	F20-29	364	Katrina SINNOTT	Calgary	55:13	6:55	55:29
545	41/55	F20-29	250	Madison BARTON	Calgary	55:14	6:55	55:31
546	60/88	M40-49	726	Landon WHITE	Calgary	55:19	6:55	59:21
547	115/197	F30-39	725	Alison MCDONALD	Calgary	55:21	6:56	59:21
548	67/152	F40-49	737	Lavi WOLSKI	Calgary	55:23	6:56	56:00
549	97/135	M30-39	843	Dylan MASON	Calgary	55:23	6:56	55:39
550	42/55	F20-29	109	Marina RADOVANOVIC	Calgary	55:24	6:56	55:40
551	61/88	M40-49	738	Bo WOLSKI	Calgary	55:25	6:56	56:03
552	8/28	F60-69	180	Margaret MACVICAR	Calgary	55:27	6:56	56:45
553	43/55	F20-29	391	Robyn KEELING	Calgary	55:30	6:57	56:19
554	98/135	M30-39	690	Jeff GERESTEIN	Airdrie	55:33	6:57	56:25
555	116/197	F30-39	1189	Erin SHUMLICH	Calgary	55:36	6:57	55:54
556	62/88	M40-49	645	Derek TRAQUAIR	Calgary	55:36	6:57	56:56
557	117/197	F30-39	936	Adrienne SHUMLICH	Calgary	55:36	6:57	55:54
558	118/197	F30-39	60	Alanna JOHNSTON	Calgary	55:39	6:58	55:54
559	13/17	F15-19	847	Genevieve JACQUES	Cochrane	55:39	6:58	56:01
560	119/197	F30-39	62	Vicky SINNOTT	Calgary	55:41	6:58	55:54
561	68/152	F40-49	182	Sabrina OAKEY	Calgary	55:46	6:59	57:12
562	63/88	M40-49	183	Jason OAKEY	Calgary	55:47	6:59	57:11
563	120/197	F30-39	344	Danielle DEROCHIE	Calgary	55:50	6:59	56:35
564	69/152	F40-49	506	Kelly SAUERWEIN	Okotoks	55:57	7:00	56:55
565	121/197	F30-39	581	Sarah KETCHESON	Calgary	55:57	7:00	57:07
566	13/30	F01-14	955	Rose OPLEIK	Banff	55:59	7:00	58:04
567	9/28	F60-69	136	Teresa ZDUNICH-HUBER	Calgary	56:00	7:00	57:18
568	70/152	F40-49	435	Sheila HENINGER	Calgary	56:11	7:02	56:40
569	99/135	M30-39	880	Babak HOMAYOON	Calgary	56:12	7:02	57:48
570	71/152	F40-49	51	Katherine LINDVED-JENSEN	Calgary	56:14	7:02	57:23
571	100/135	M30-39	672	Ryan TOKAR	Calgary	56:16	7:02	57:44
572	122/197	F30-39	671	Sarah HOGENDORP	Calgary	56:17	7:03	57:45
573	13/24	M60-69	221	John SCHUMACHER	Red Deer	56:20	7:03	56:20
574	72/152	F40-49	407	Rachel PAXTON	Calgary	56:21	7:03	57:22

575	123/197	F30-39	523 Jennifer MARTIN-COURTRIGHT	Calgary	56:23	7:03	57:19
576	73/152	F40-49	219 Kirsten GRABOWSKA	Vancouver	56:23	7:03	57:23
577	74/152	F40-49	82 Marin CROMBIE	Calgary	56:24	7:03	57:22
578	101/135	M30-39	200 James TELFORD	Calgary	56:27	7:04	58:13
579	16/24	M01-14	508 Vincent PECORA	Golden	56:28	7:04	56:39
580	75/152	F40-49	1015 Kora KUEHN	Medicine Hat	56:31	7:04	56:43
581	76/152	F40-49	928 Kara COOKE	Calgary	56:31	7:04	57:35
582	124/197	F30-39	199 Elena FARRIES	Calgary	56:33	7:04	58:20
583	125/197	F30-39	158 Candace TRUMAN	Calgary	56:33	7:05	57:40
584	77/152	F40-49	438 J'Ana SMITH	Raymond	56:33	7:05	57:06
585	64/88	M40-49	439 Randy SMITH	Raymond	56:36	7:05	57:06
586	31/65	F50-59	596 Wallena KENDRICK	Calgary	56:41	7:06	57:47
587	10/28	F60-69	771 Cathryn STARING PARRISH	Edmonton	56:43	7:06	57:05
588	32/65	F50-59	88 Rosemary STEWART	Calgary	56:47	7:06	58:26
589	33/65	F50-59	193 Chantal PRITCHARD	Calgary	56:48	7:06	58:28
590	102/135	M30-39	124 Ross ROMEO	Calgary	56:48	7:06	57:49
591	65/88	M40-49	529 Vince IANNELLI	Calgary	56:49	7:07	58:02
592	126/197	F30-39	273 Chelsea HOLMAN	Calgary	56:49	7:07	58:00
593	78/152	F40-49	130 Colleen FLYNN	Calgary	56:49	7:07	58:00
594	103/135	M30-39	535 Ted Hansen HANSEN	Calgary	56:58	7:08	57:49
595	34/65	F50-59	387 Heather GOODMAN	Calgary	56:58	7:08	57:46
596	79/152	F40-49	388 Alison GOODMAN	Calgary	56:59	7:08	57:46
597	80/152	F40-49	505 Leah CHANT	Okotoks	57:02	7:08	58:01
598	35/65	F50-59	204 Wanda DEWAARD	Cranbrook	57:03	7:08	58:18
599	81/152	F40-49	159 Lisa GRANT	Calgary	57:04	7:08	57:38
600	17/24	M01-14	1107 Kingston TUDOR	Calgary	57:05	7:09	58:35
601	104/135	M30-39	1188 Nolan TUDOR	Bragg Creek	57:06	7:09	58:36
602	11/28	F60-69	298 Melody MCDUGALL	Calgary	57:09	7:09	57:41
603	127/197	F30-39	125 Karleigh MAAG	Calgary	57:12	7:09	58:13
604	105/135	M30-39	810 Zachary SHAND	Calgary	57:14	7:10	58:12
605	82/152	F40-49	194 Stephanie DANDO	Invermere	57:17	7:10	58:58
606	44/55	F20-29	621 Michelena ROBINSON	Calgary	57:17	7:10	58:35
607	45/55	F20-29	622 Lauren ASPDEN	Banff	57:17	7:10	58:35
608	30/43	M50-59	890 Jeff CAMPBELL	Calgary	57:18	7:10	59:39
609	66/88	M40-49	721 Jean-Marc DE JAHAM	Lethbridge	57:21	7:11	57:34
610	83/152	F40-49	720 Claudette DE JAHAM	Lethbridge	57:21	7:11	57:34
611	46/55	F20-29	408 Dagny MACGREGOR	Calgary	57:23	7:11	58:12
612	128/197	F30-39	525 Anna LEUNG	Calgary	57:25	7:11	58:24
613	84/152	F40-49	911 Kim CASTILLO	Calgary	57:26	7:11	57:54
614	129/197	F30-39	392 Caitlin FREDERICKS	Calgary	57:28	7:11	58:27
615	85/152	F40-49	426 Ania LEGGE	Airdrie	57:32	7:12	57:58
616	3/8	M70+	167 David CLAPPERTOON	Golden	57:38	7:13	58:34
617	86/152	F40-49	168 Lena SPICER	Golden	57:38	7:13	58:34
618	14/24	M60-69	748 Gord CLAYHOLT	Crossfield	57:42	7:13	59:28
619	12/28	F60-69	465 Lisa CONNORS	Edmonton	57:47	7:14	59:19

620	87/152	F40-49	578 Sheila PERSON	Calgary	57:49	7:14	58:21
621	15/24	M60-69	421 Robert LUCK	Edmonton	57:58	7:15	59:19
622	13/28	F60-69	294 Rita HEMMES	Sherwood Park	58:00	7:15	58:28
623	88/152	F40-49	1019 Gabrielle DEBAIE	Banff	58:01	7:16	58:35
624	16/24	M60-69	295 Bruce ECKEL	Sherwood Park	58:01	7:16	58:30
625	89/152	F40-49	557 Patti SECORD	Banff	58:02	7:16	58:35
626	67/88	M40-49	693 Matt PIERSON	Calgary	58:02	7:16	59:13
627	90/152	F40-49	769 Amy HARRIS	Edmonton	58:04	7:16	59:06
628	4/8	M70+	905 Rich MERKEL	Calgary	58:05	7:16	58:48
629	91/152	F40-49	540 Mariana SHACKLETON	Banff	58:05	7:16	58:38
630	130/197	F30-39	327 Tiarra KEIM	Calgary	58:06	7:16	59:47
631	92/152	F40-49	178 Sandra JACOBI	Airdrie	58:08	7:16	59:42
632	68/88	M40-49	177 Chris JACOBI	Airdrie	58:08	7:16	59:43
633	106/135	M30-39	328 Samuel QUIROGA	Calgary	58:08	7:16	59:49
634	107/135	M30-39	414 Valentin MEYER	Edmonton	58:10	7:17	58:57
635	131/197	F30-39	413 Mina DEOL	Edmonton	58:10	7:17	58:58
636	93/152	F40-49	156 Jodie FAIRINGSIDE	Calgary	58:11	7:17	58:51
637	69/88	M40-49	155 Chris ONIONS	Calgary	58:12	7:17	58:52
638	94/152	F40-49	840 Erin PARCHELLO	Calgary	58:14	7:17	59:03
639	14/28	F60-69	785 Lynn MARINEAU	Calgary	58:15	7:17	59:04
640	47/55	F20-29	649 Danielle GIORGINI	Calgary	58:15	7:17	59:20
641	70/88	M40-49	662 Jason HENDRICK	Calgary	58:17	7:18	58:29
642	95/152	F40-49	106 Christina MA	Calgary	58:17	7:18	59:05
643	36/65	F50-59	235 Sarah STEVENSON	Edmonton	58:18	7:18	59:51
644	108/135	M30-39	530 Josh WORKMAN	Calgary	58:19	7:18	59:27
645	37/65	F50-59	23 Ladonn GOODKEY	Red Deer	58:20	7:18	59:52
646	96/152	F40-49	598 Renee COLE	Calgary	58:23	7:18	59:27
647	97/152	F40-49	595 Brenna LAMONT	Calgary	58:24	7:18	59:27
648	109/135	M30-39	499 Rob MILNER	Calgary	58:32	7:19	59:11
649	71/88	M40-49	498 Bryan BIRN	Calgary	58:33	7:20	59:11
650	98/152	F40-49	1020 Laura MCINTYRE	Edmonton	58:34	7:20	59:58
651	14/17	F15-19	784 Audrey HAWKINS	Calgary	58:35	7:20	58:42
652	38/65	F50-59	817 Roxanne ROSS	Brooks	58:35	7:20	59:18
653	15/17	F15-19	969 Sophia FELESKY	Banff	58:36	7:20	58:45
654	72/88	M40-49	722 Gord SLEMKO	Calgary	58:48	7:21	1:00:35
655	99/152	F40-49	84 Julianne PORTER	Banff	58:49	7:22	59:11
656	14/30	F01-14	724 Ciara SLEMKO	Calgary	58:49	7:22	1:00:35
657	132/197	F30-39	113 Megan ROBERTS	Banff	58:52	7:22	1:00:16
658	15/28	F60-69	20 Joan LAVERGNE	Edmonton	58:54	7:22	59:21
659	16/28	F60-69	45 Bridget CONROY	Edmonton	58:55	7:22	59:20
660	31/43	M50-59	338 Jonathon BOUDREAU	Calgary	58:55	7:22	59:13
661	133/197	F30-39	1041 Leah HONKE	Calgary	58:56	7:22	59:49
662	110/135	M30-39	655 Rob JOHNSTON	Calgary	58:56	7:22	1:00:31
663	134/197	F30-39	887 Sarah GRANT	Calgary	58:58	7:23	59:38
664	32/43	M50-59	819 Nigel HEYWOOD	Calgary	58:58	7:23	59:28

665	135/197	F30-39	398	Joanna CZARNECKI	Calgary	58:58	7:23	59:38
666	136/197	F30-39	404	Laura STUBY	Calgary	58:59	7:23	59:38
667	100/152	F40-49	282	Isha KIRKPATRICK	Calgary	59:00	7:23	59:18
668	21/21	M15-19	728	Breaux WILSON	Sherwood Park	59:01	7:23	59:27
669	101/152	F40-49	729	Jennifer WILSON	Sherwood Park	59:01	7:23	59:26
670	102/152	F40-49	553	Cindy CLARK	Calgary	59:03	7:23	1:00:19
671	137/197	F30-39	542	Stephanie BLAKEMORE	Canmore	59:03	7:23	1:00:19
672	5/8	M70+	292	David HUTCHINSON	Calgary	59:04	7:23	59:37
673	73/88	M40-49	712	Chad ZAHARIK	Calgary	59:05	7:24	1:00:23
674	138/197	F30-39	190	Sandy VAN DIJK	Field	59:06	7:24	1:00:52
675	103/152	F40-49	709	Jillian WILLIAMSON	Calgary	59:06	7:24	1:00:23
676	39/65	F50-59	869	Sarah WHEELER	Medicine Hat	59:08	7:24	59:29
677	139/197	F30-39	101	Victoria RUDIAK	Drayton Valley	59:09	7:24	1:00:49
678	48/55	F20-29	301	Angelique JACQUES	Cochrane	59:09	7:24	1:00:43
679	140/197	F30-39	453	Jocelyn PROUDFOOT	Calgary	59:09	7:24	1:00:09
680	111/135	M30-39	393	Mike JUNG	Calgary	59:10	7:24	1:00:09
681	33/43	M50-59	300	Quinn JACQUES	Cochrane	59:11	7:24	1:00:43
682	34/43	M50-59	1046	Drew VAN IDERSTINE	Cochrane	59:16	7:25	1:00:05
683	49/55	F20-29	889	Lindsay KULYK	Calgary	59:24	7:26	1:01:44
684	112/135	M30-39	892	Bryce PARRY	Calgary	59:24	7:26	1:01:44
685	74/88	M40-49	1112	Steve WOLFE	Calgary	59:27	7:26	1:00:39
686	141/197	F30-39	430	Alex JODOIN	Edmonton	59:31	7:27	59:31
687	75/88	M40-49	429	Steve JODOIN	Edmonton	59:31	7:27	59:31
688	18/24	M01-14	959	Nolan WOLFE	Banff	59:37	7:27	1:00:47
689	19/24	M01-14	950	Alex HESKE	Banff	59:37	7:28	1:00:47
690	142/197	F30-39	512	Christine NIEMIEC	Calgary	59:40	7:28	1:00:19
691	143/197	F30-39	571	Michelle MURRAY	Calgary	59:40	7:28	1:00:19
692	40/65	F50-59	116	Jennifer ADAMS	Calgary	59:47	7:29	1:01:26
693	113/135	M30-39	285	Morgan REMFRY	Calgary	59:49	7:29	1:01:38
694	144/197	F30-39	451	Lauren SUTLEY	Calgary	59:56	7:30	1:00:28
695	17/28	F60-69	403	Marilyn PETERSON	Edmonton	59:57	7:30	1:01:18
696	104/152	F40-49	528	Judy JOHNSTONE	Calgary	59:59	7:30	1:00:29
697	145/197	F30-39	790	Sarah KENT	Calgary	1:00:00	7:30	1:00:50
698	146/197	F30-39	803	Teigan KOPEC	Calgary	1:00:00	7:30	1:00:57
699	114/135	M30-39	791	Graham KENT	Calgary	1:00:01	7:31	1:00:50
700	115/135	M30-39	611	Justin PAIXAO	Calgary	1:00:01	7:31	1:00:58
701	35/43	M50-59	779	Joel REGENSTREIF	Canmore	1:00:01	7:31	1:01:36
702	76/88	M40-49	931	Daniel ROTH	Brooks	1:00:06	7:31	1:00:26
703	147/197	F30-39	932	Carlene ROTH	Brooks	1:00:06	7:31	1:00:26
704	105/152	F40-49	385	Janelle KELBERT	Calgary	1:00:12	7:32	1:01:45
705	148/197	F30-39	485	Lauren ZAK	Calgary	1:00:14	7:32	1:00:25
706	77/88	M40-49	380	Grant ADMIRAAL	Calgary	1:00:14	7:32	1:01:09
707	116/135	M30-39	486	Dominic ZAK	Calgary	1:00:14	7:32	1:00:25
708	41/65	F50-59	459	Michelle MCGARRY	Calgary	1:00:16	7:32	1:00:49
709	42/65	F50-59	680	Marthe BENOIT	Edmonton	1:00:20	7:33	1:00:35



710	149/197	F30-39	852	Jill TAYLOR	Guelph	1:00:25	7:34	1:01:26
711	50/55	F20-29	682	Lauren SOLECKI	Calgary	1:00:31	7:34	1:01:25
712	78/88	M40-49	189	Toby PRYNDIK	Invermere	1:00:40	7:35	1:02:29
713	150/197	F30-39	188	Kaori MARUYAMA	Invermere	1:00:40	7:35	1:02:29
714	106/152	F40-49	40	Tanya BEFUS	Calgary	1:00:47	7:36	1:01:57
715	36/43	M50-59	41	Wesley JOHN	Calgary	1:00:48	7:36	1:02:15
716	107/152	F40-49	746	Alison DAVISON	Calgary	1:00:49	7:37	1:01:13
717	151/197	F30-39	1014	Linda MACLEOD	Calgary	1:00:51	7:37	1:02:23
718	43/65	F50-59	164	Constance JOSS	Pincher Creek	1:00:54	7:37	1:01:18
719	117/135	M30-39	353	David FOGARTY	Bellevue	1:00:59	7:38	1:05:13
720	108/152	F40-49	191	Haruka WATANABE	Invermere	1:01:07	7:39	1:02:50
721	152/197	F30-39	120	Maddie KIDD	Banff	1:01:07	7:39	1:02:30
722	79/88	M40-49	192	Haru WATANABE	Invermere	1:01:07	7:39	1:02:50
723	44/65	F50-59	544	Kim BERUBE	Calgary	1:01:09	7:39	1:03:01
724	153/197	F30-39	543	Nancy MALSBURY	Calgary	1:01:11	7:39	1:03:02
725	118/135	M30-39	558	Chris TURCATO	Calgary	1:01:11	7:39	1:03:03
726	154/197	F30-39	717	Angela BARRETO	Calgary	1:01:13	7:40	1:02:39
727	45/65	F50-59	749	Selina CAMPBELL	Calgary	1:01:13	7:40	1:03:00
728	15/30	F01-14	946	Anne CLEMENT	Banff	1:01:21	7:41	1:02:59
729	16/30	F01-14	947	Hannah COBB	Banff	1:01:26	7:41	1:03:04
730	109/152	F40-49	809	Crystal COBB	Calgary	1:01:33	7:42	1:03:14
731	17/30	F01-14	953	Isabel MCKELLAR	Banff	1:01:35	7:42	1:03:13
732	110/152	F40-49	93	Robyn HOFFMAN	Red Deer	1:01:39	7:43	1:03:05
733	80/88	M40-49	92	Nathan HOFFMAN	Red Deer	1:01:39	7:43	1:03:05
734	46/65	F50-59	527	Sandra AGUILERA	Calgary	1:01:50	7:44	1:01:58
735	111/152	F40-49	302	Connie MALEY	Calgary	1:01:56	7:45	1:03:26
736	20/24	M01-14	303	Eric BIRD	Calgary	1:01:57	7:45	1:03:27
737	112/152	F40-49	804	Coralee LEGAULT	Calgary	1:02:02	7:46	1:03:05
738	113/152	F40-49	253	Melissa KARAKOCHUK	Calgary	1:02:10	7:47	1:03:34
739	81/88	M40-49	252	Ryan STJOHN	Calgary	1:02:11	7:47	1:03:34
740	82/88	M40-49	555	Jim WEBSTER	Calgary	1:02:15	7:47	1:03:32
741	119/135	M30-39	213	Jordan SWANSON	Calgary	1:02:16	7:47	1:03:15
742	18/30	F01-14	957	Grace ROLES-TAYLOR	Banff	1:02:21	7:48	1:03:42
743	120/135	M30-39	217	James CHAN	Calgary	1:02:21	7:48	1:03:14
744	19/30	F01-14	954	Tuva MEVIK-MALMQUIST	Banff	1:02:21	7:48	1:03:43
745	121/135	M30-39	377	Steven BOWLES	Calgary	1:02:22	7:48	1:03:16
746	122/135	M30-39	349	Aj MACAULAY	Calgary	1:02:22	7:48	1:03:16
747	123/135	M30-39	332	Uknown ATHLETE	Calgary	1:02:23	7:48	1:02:53
748	155/197	F30-39	449	Morgan RANKINE	Calgary	1:02:23	7:48	1:02:53
749	37/43	M50-59	548	Todd SHEA	Calgary	1:02:23	7:48	1:03:31
750	47/65	F50-59	547	Cheryl SHEA	Calgary	1:02:24	7:48	1:03:31
751	124/135	M30-39	661	Kyle KAPP	Calgary	1:02:32	7:49	1:03:27
752	156/197	F30-39	1006	Jaycee TUDOR	Calgary	1:02:38	7:50	1:04:09
753	157/197	F30-39	688	Catherine MEDYNSKI	Calgary	1:02:39	7:50	1:03:27
754	125/135	M30-39	687	Brennan MCVEIGH	Chestermere	1:02:40	7:50	1:03:27

755	114/152	F40-49	686 Wendy TRANQ	Calgary	1:02:41	7:51	1:03:28
756	115/152	F40-49	14 Kathleen RUNDLE	Calgary	1:02:41	7:51	1:03:04
757	18/28	F60-69	220 Diane GOODWIN	Red Deer	1:02:58	7:53	1:03:36
758	158/197	F30-39	588 Robyn JENSEN	Brooks	1:03:01	7:53	1:04:14
759	159/197	F30-39	589 Brandis SUNLEY	Brooks	1:03:02	7:53	1:04:14
760	160/197	F30-39	363 Lesley DIEP	Brooks	1:03:02	7:53	1:04:15
761	21/24	M01-14	865 Charles CLEMENT	Calgary	1:03:04	7:53	1:04:33
762	161/197	F30-39	352 Ashley HERMAN	Brooks	1:03:05	7:54	1:07:09
763	19/28	F60-69	605 Dawn MAKISHI	Calgary	1:03:23	7:56	1:03:54
764	83/88	M40-49	496 Hafiz DAMJI	Calgary	1:03:24	7:56	1:04:49
765	20/28	F60-69	442 Claire DE REPENTIGNY	Red Deer	1:03:25	7:56	1:04:53
766	116/152	F40-49	864 Amelie GRONDIN	Calgary	1:03:25	7:56	1:04:55
767	38/43	M50-59	867 Tim ARNETT	Calgary	1:03:27	7:56	1:04:43
768	162/197	F30-39	730 Jamie BORTHWICK	Calgary	1:03:29	7:57	1:03:58
769	163/197	F30-39	1187 Wendy LAMBIE	Redwood Meadows	1:03:30	7:57	1:05:00
770	48/65	F50-59	98 Claire OWENS	Calgary	1:03:39	7:58	1:05:16
771	39/43	M50-59	56 Damien JONES	Calgary	1:03:44	7:58	1:04:58
772	17/24	M60-69	789 Jürgen SELTNER	Crđ	1:03:47	7:59	1:04:31
773	21/28	F60-69	488 Angie BERA	Edmonton	1:03:57	8:00	1:04:26
774	117/152	F40-49	170 Joyce MCAFEE	Calgary	1:04:04	8:01	1:05:24
775	40/43	M50-59	25 Tim JORGENSEN	Lethbridge	1:04:14	8:02	1:05:45
776	51/55	F20-29	382 Kayla BREHON	Calgary	1:04:15	8:02	1:04:28
777	126/135	M30-39	1026 Michael Ace Ol NIDOY	Calgary	1:04:36	8:05	1:04:37
778	118/152	F40-49	123 Paula BOULTON	Calgary	1:04:39	8:05	1:05:53
779	164/197	F30-39	325 Kelsey HAMMOND	Calgary	1:04:42	8:06	1:05:25
780	84/88	M40-49	326 Timothy SMITH	Calgary	1:04:43	8:06	1:05:25
781	20/30	F01-14	1000 Reese VERTZ	Banff	1:04:48	8:06	1:06:24
782	21/30	F01-14	970 Simone FORREST	Banff	1:04:48	8:06	1:06:27
783	22/30	F01-14	981 Victoria HENNING	Banff	1:04:49	8:06	1:06:25
784	31/34	M20-29	409 Faheem SIRAJ	Calgary	1:04:50	8:07	1:05:40
785	165/197	F30-39	654 Vicky ROCHEFORT	Calgary	1:04:51	8:07	1:05:41
786	119/152	F40-49	700 Amy MCLENAGHAN	Edmonton	1:05:00	8:08	1:08:18
787	120/152	F40-49	141 Heidi LUND	Calgary	1:05:06	8:09	1:06:48
788	121/152	F40-49	284 Denise PRITCHARD	Victoria	1:05:06	8:09	1:06:44
789	166/197	F30-39	495 Claire BERENGER	Calgary	1:05:10	8:09	1:06:01
790	167/197	F30-39	569 Amelie DUFRESNE	Calgary	1:05:12	8:09	1:06:02
791	122/152	F40-49	891 Angela CAMPBELL	Calgary	1:05:15	8:10	1:07:36
792	23/30	F01-14	987 Victoria KONATE	Banff	1:05:15	8:10	1:06:51
793	85/88	M40-49	175 Dave POWELL	Calgary	1:05:28	8:11	1:05:38
794	168/197	F30-39	773 Lauren FRIESEN	Calgary	1:05:28	8:11	1:06:41
795	18/24	M60-69	766 Dave FRIESEN	Calgary	1:05:29	8:11	1:06:42
796	49/65	F50-59	586 Vikki VIKKI	Banff	1:05:34	8:12	1:07:14
797	50/65	F50-59	577 Deb CAMPBELL	Squamish	1:05:35	8:12	1:07:14
798	169/197	F30-39	656 Susan JALILI	Calgary	1:05:53	8:15	1:07:23
799	123/152	F40-49	330 Aj MATSUNE	Calgary	1:06:00	8:15	1:07:47

800	1/5	F70+	824	Theresa KWAS	Cochrane	1:06:14	8:17	1:07:32
801	170/197	F30-39	477	Courtney ALLARDYCE	Calgary	1:06:17	8:18	1:07:25
802	171/197	F30-39	592	Danielle NOBLE	Cochrane	1:06:18	8:18	1:07:25
803	124/152	F40-49	157	Sara JAEGER	Calgary	1:06:19	8:18	1:07:26
804	22/24	M01-14	952	Elijah MCKELLAR	Banff	1:06:21	8:18	1:07:50
805	172/197	F30-39	603	Natalia DAWID	Calgary	1:06:22	8:18	1:06:31
806	23/24	M01-14	1196	Elio POROZNI	Calgary	1:06:27	8:19	1:07:51
807	86/88	M40-49	491	Devin GRAY	Red Deer	1:06:42	8:21	1:08:10
808	125/152	F40-49	490	Angela GRAY	Red Deer	1:06:42	8:21	1:08:10
809	173/197	F30-39	816	Sakura IYAR	Calgary	1:06:46	8:21	1:08:36
810	32/34	M20-29	224	Stephane BAZINET	Calgary	1:06:52	8:22	1:08:42
811	19/24	M60-69	229	Guy BAZINET	Calgary	1:06:53	8:22	1:08:42
812	126/152	F40-49	597	Jaelynn JALBERT	Calgary	1:07:05	8:24	1:08:09
813	24/30	F01-14	980	Olivia HENNING	Banff	1:07:10	8:24	1:07:10
814	174/197	F30-39	763	Sarah JOHNSON	Calgary	1:07:19	8:25	1:08:53
815	127/152	F40-49	711	Carolynne MONDOUX	Calgary	1:07:24	8:26	1:08:47
816	128/152	F40-49	487	Katherine MORIANOS	Calgary	1:07:24	8:26	1:08:44
817	175/197	F30-39	827	Ania YOUNG	Nanoose Bay	1:07:25	8:26	1:08:48
818	41/43	M50-59	818	Mark ROSS	Brooks	1:08:02	8:31	1:08:48
819	22/28	F60-69	1017	Danielle GLASGOW	Calgary	1:08:09	8:32	1:09:04
820	127/135	M30-39	731	Robert MORRISON	Calgary	1:08:33	8:35	1:08:54
821	25/30	F01-14	963	Greta CARSON-BURFORD	Banff	1:08:34	8:35	1:10:03
822	26/30	F01-14	989	Megan MALCOLM	Banff	1:08:35	8:35	1:10:03
823	27/30	F01-14	951	Emilia JACKSON	Banff	1:08:35	8:35	1:10:04
824	28/30	F01-14	944	Aleeta BARR	Banff	1:08:35	8:35	1:10:04
825	33/34	M20-29	2	Morgan POOLE	Sherwood Park	1:08:47	8:36	1:10:13
826	129/152	F40-49	660	Jesa TAINIO-KAPP	Calgary	1:08:56	8:37	1:09:51
827	20/24	M60-69	104	Nigel MILLS	Calgary	1:09:01	8:38	1:10:44
828	42/43	M50-59	870	Jason WHEELER	Medicine Hat	1:09:02	8:38	1:09:23
829	51/65	F50-59	584	Amanda TURVEY	Calgary	1:09:02	8:38	1:10:44
830	52/65	F50-59	105	Cheryl PHILLIPS	Calgary	1:09:04	8:38	1:10:45
831	176/197	F30-39	628	Nancy ROACH	Calgary	1:09:06	8:39	1:10:44
832	177/197	F30-39	669	Kelsey TILLAPAUGH	Canmore	1:09:06	8:39	1:10:44
833	178/197	F30-39	563	Shauna WAYLAND	Airdrie	1:09:16	8:40	1:09:36
834	130/152	F40-49	564	Stefanie BENTHAM	Calgary	1:09:17	8:40	1:09:37
835	131/152	F40-49	134	Gill YUEN	Calgary	1:09:27	8:41	1:10:07
836	52/55	F20-29	4	Meredith POOLE	Sherwood Park	1:09:39	8:43	1:11:06
837	132/152	F40-49	522	Carina MARTINEZ	Calgary	1:09:39	8:43	1:09:48
838	21/24	M60-69	3	Gary POOLE	Forestburg	1:09:40	8:43	1:11:06
839	133/152	F40-49	447	Gabriela LUNA TAMEZ	Calgary	1:09:40	8:43	1:09:49
840	22/24	M60-69	1039	Bill YOUNG	Airdrie	1:09:53	8:45	1:11:48
841	53/65	F50-59	648	Tracy KENNETT	Airdrie	1:09:54	8:45	1:11:47
842	134/152	F40-49	575	Rhiannon JACEK	Edmonton	1:10:13	8:47	1:11:24
843	179/197	F30-39	379	Michelle ADMIRAAL	Calgary	1:10:32	8:49	1:11:37
844	135/152	F40-49	375	Kirsten LYNCH	Airdrie	1:10:33	8:50	1:11:37

845	180/197	F30-39	373 Ellen GREGORY	Calgary	1:10:34	8:50	1:11:37
846	43/43	M50-59	826 Patrick MICHALKO	Calgary	1:10:37	8:50	1:11:49
847	54/65	F50-59	73 Linda SOBULIAK	Calgary	1:10:38	8:50	1:11:32
848	24/24	M01-14	1200 J.J. MCVEY	Calgary	1:10:44	8:51	1:11:35
849	136/152	F40-49	572 Casey THOMAS	Okotoks	1:10:47	8:51	1:12:08
850	23/28	F60-69	243 Sylvie MARTIN	Calgary	1:10:47	8:51	1:11:18
851	23/24	M60-69	18 Brent MARCHAND	Calgary	1:10:50	8:52	1:11:51
852	55/65	F50-59	17 Victoria MARCHAND	Calgary	1:10:52	8:52	1:11:52
853	128/135	M30-39	374 Aaron GREGORY	Calgary	1:10:53	8:52	1:11:42
854	137/152	F40-49	808 Ada MACKLE	Calgary	1:10:54	8:52	1:11:39
855	181/197	F30-39	839 Angela STINSON	Calgary	1:11:04	8:53	1:12:18
856	56/65	F50-59	139 Rachele CORRIGAN	Millet	1:11:20	8:55	1:11:36
857	6/8	M70+	203 Corstiaan DEWAARD	Cranbrook	1:11:21	8:56	1:12:36
858	129/135	M30-39	745 Daniel MORLEY	Calgary	1:11:46	8:59	1:12:26
859	182/197	F30-39	744 Anna SELTNER	Calgary	1:11:53	9:00	1:12:32
860	24/28	F60-69	788 Ruth SELTNER	Crđ	1:12:16	9:02	1:12:57
861	183/197	F30-39	299 Kathleen HOSFIELD	Calgary	1:12:36	9:05	1:12:59
862	53/55	F20-29	479 Darcie SCHUMACHER	Red Deer	1:13:06	9:09	1:13:46
863	34/34	M20-29	480 Tristan WATTENBARGER	Red Deer	1:13:07	9:09	1:13:46
864	54/55	F20-29	1012 Alissa SCHUMANN	Calgary	1:13:14	9:10	1:14:33
865	130/135	M30-39	37 Brandon ANSTEY	Calgary	1:13:16	9:10	1:15:13
866	184/197	F30-39	36 Lauren REID	Calgary	1:13:20	9:10	1:15:16
867	25/28	F60-69	599 Jocelyn FRANKOW	Calgary	1:13:31	9:12	1:14:28
868	2/5	F70+	279 Karen MAIER	Calgary	1:13:34	9:12	1:14:28
869	57/65	F50-59	1016 Dawn KAPLAN	Calgary	1:13:40	9:13	1:14:34
870	58/65	F50-59	428 Mary FULLERTON	Calgary	1:13:42	9:13	1:14:28
871	7/8	M70+	607 James HUTCHISON	Calgary	1:14:06	9:16	1:14:17
872	59/65	F50-59	102 Lorianne RUDIAK	Calgary	1:14:06	9:16	1:15:47
873	185/197	F30-39	695 Danielle LAFRENIERE	Edmonton	1:14:59	9:23	1:18:21
874	55/55	F20-29	1040 Theresa MCCAFFREY	Calgary	1:15:06	9:24	1:18:18
875	138/152	F40-49	591 Maryann HUGHES	Calgary	1:15:31	9:27	1:16:33
876	26/28	F60-69	673 Catherine WATSON	Calgary	1:15:31	9:27	1:16:33
877	186/197	F30-39	565 Jessie WALKER	Canmore	1:16:10	9:32	1:17:30
878	139/152	F40-49	135 Elke MANTEI	Calgary	1:16:27	9:34	1:17:06
879	140/152	F40-49	50 Jennifer LACROIX	Calgary	1:16:28	9:34	1:17:06
880	29/30	F01-14	956 Alessandra POROZNI	Banff	1:17:05	9:39	1:18:34
881	30/30	F01-14	1113 Clara WICKINS	Canmore	1:17:06	9:39	1:18:34
882	187/197	F30-39	42 Lauren MINUK	Calgary	1:17:54	9:45	1:19:09
883	188/197	F30-39	646 Alison DARLING	Calgary	1:17:55	9:45	1:19:09
884	189/197	F30-39	740 Katarzyna NISSEN	Calgary	1:19:02	9:53	1:19:25
885	87/88	M40-49	741 Tyson NISSEN	Calgary	1:19:03	9:53	1:19:25
886	131/135	M30-39	743 Keegan SELTNER	Calgary	1:19:31	9:57	1:20:28
887	132/135	M30-39	241 Daniel SAUVÉ	Calgary	1:19:48	9:59	1:20:22
888	190/197	F30-39	240 Christine SAUVÉ	Timmins	1:20:57	10:08	1:21:30
889	141/152	F40-49	230 Tiffany WIGHT	Calgary	1:21:14	10:10	1:23:01

890	142/152	F40-49	710	Jenn LAVERICK	Calgary	1:21:48	10:14	1:22:56
891	191/197	F30-39	231	Ashley RONNELL	Calgary	1:22:10	10:17	1:23:59
892	143/152	F40-49	274	Kirsten PILGER	Calgary	1:22:11	10:17	1:23:58
893	27/28	F60-69	841	Monique CAVANAGH	Calgary	1:23:05	10:24	1:23:40
894	60/65	F50-59	820	Kim HEYWOOD	Calgary	1:23:06	10:24	1:23:40
895	133/135	M30-39	657	Shaya JALILI	Calgary	1:25:07	10:39	1:26:40
896	144/152	F40-49	367	Monica WIERSMA	Calgary	1:26:08	10:46	1:27:25
897	192/197	F30-39	355	Ivanna ODEGARD	Calgary	1:26:08	10:46	1:27:25
898	145/152	F40-49	131	Elan LAMONTAGNE	Calgary	1:26:08	10:46	1:27:24
899	146/152	F40-49	309	Shauna CARSON	Calgary	1:26:10	10:47	1:27:25
900	61/65	F50-59	1021	Jan RIDDELL	Calgary	1:26:16	10:47	1:27:43
901	147/152	F40-49	146	Leanna KOWALCHUK	Calgary	1:26:25	10:49	1:27:50
902	148/152	F40-49	676	Thyla BOEYENGA	Edmonton	1:26:25	10:49	1:26:44
903	149/152	F40-49	53	Tanja MCMORRIS	Calgary	1:26:26	10:49	1:27:49
904	88/88	M40-49	357	Travis BOONSTRA	Edmonton	1:26:26	10:49	1:26:42
905	150/152	F40-49	54	Lianne KOWALCHUK	Calgary	1:26:33	10:50	1:27:57
906	193/197	F30-39	1037	Darrah CROCKER	Calgary	1:26:35	10:50	1:27:57
907	16/17	F15-19	973	Mariana HALEK	Banff	1:27:06	10:54	1:28:47
908	8/8	M70+	89	Hugh BARANIESKI	Calgary	1:28:18	11:03	1:29:37
909	3/5	F70+	94	Margaret SMITH	Calgary	1:28:18	11:03	1:29:37
910	4/5	F70+	83	Linda BARANIESKI	Calgary	1:28:22	11:03	1:29:38
911	134/135	M30-39	795	Cameron GALE	Carstairs	1:28:37	11:05	1:30:27
912	194/197	F30-39	796	Jaylene GALE	Carstairs	1:28:48	11:06	1:30:39
913	151/152	F40-49	233	Jennifer GALE	Rocky View County	1:28:49	11:07	1:30:39
914	195/197	F30-39	254	Kimberly DYKES	Calgary	1:29:42	11:13	1:30:29
915	5/5	F70+	290	Janet HUTCHINSON	Calgary	1:29:56	11:15	1:30:51
916	17/17	F15-19	886	Billie COPITHORNE	Calgary	1:31:43	11:28	1:33:12
917	62/65	F50-59	885	Claudia WEIGELSBERGER	Calgary	1:31:44	11:28	1:33:15
918	63/65	F50-59	79	Kerri JAMES	Calgary	1:33:10	11:39	1:35:03
919	196/197	F30-39	117	Sydney JAMES	Calgary	1:33:11	11:39	1:35:03
920	152/152	F40-49	147	Rachel TALAVLIKAR	Calgary	1:34:41	11:51	1:36:04
921	64/65	F50-59	163	Nikki MOUNTFORD	Calgary	1:36:02	12:01	1:37:54
922	24/24	M60-69	80	Brad JAMES	Calgary	1:36:25	12:04	1:38:21
923	28/28	F60-69	108	Kimberley KLASSEN	Calgary	1:36:45	12:06	1:38:40
924	65/65	F50-59	97	Carol DENHOLM	Calgary	1:37:40	12:13	1:39:33
925	197/197	F30-39	245	Kayla O'BRIEN	Calgary	1:42:30	12:49	1:43:05
926	135/135	M30-39	244	Alexander ELIUK	Calgary	1:42:31	12:49	1:43:06

