

2025 Banff Winterstart Five Miler
Rundlestone Lodge, Banff, AB, Canada
11/01/2025

Results by racedaytimingab.com

Overall 5 Mile Road Race Results

Rank	In Div	Agegroup	Num	Competitor	City	Elapsed Time	Pace Min/Km	Gun Time
1	1/89	M30-39	598	Allan BRETT	Calgary	27:29	3:27	27:29
2	2/89	M30-39	772	Craig LOGAN	Canmore	28:28	3:34	28:27
3	3/89	M30-39	467	Joel NEUMANN	Calgary	28:49	3:37	28:50
4	4/89	M30-39	991	Robert PREATER	Calgary	29:27	3:41	29:28
5	1/102	M40-49	452	Erik CARLETON	Canmore	29:47	3:44	29:47
6	1/32	M20-29	814	Michael CHENG	Banff	30:01	3:46	30:01
7	5/89	M30-39	399	Connor DOWNS	Canmore	30:43	3:51	30:43
8	1/150	F30-39	811	Jessica KAISER	Cochrane	30:54	3:52	30:54
9	1/75	F20-29	778	Mary HNATYSHYN	Calgary	31:12	3:54	31:12
10	2/102	M40-49	1020	Shawn BUNNIN	Calgary	31:22	3:56	31:22
11	3/102	M40-49	219	Patrick MCMAHON	Calgary	31:44	3:58	31:46
12	1/21	M15-19	380	Jake GRIFFITHS	Canmore	31:48	3:59	31:49
13	2/32	M20-29	50	Brandt DAVIS	Calgary	31:55	4:00	31:58
14	4/102	M40-49	68	Ed BICKLEY	Calgary	32:07	4:01	32:07
15	2/75	F20-29	468	Ella NEUMANN	Calgary	32:10	4:02	32:11
16	5/102	M40-49	250	Gunnar FALKE	Canmore	32:32	4:04	32:32
17	3/32	M20-29	861	Michael EDMUNDS	Calgary	32:38	4:05	32:39
18	6/102	M40-49	168	Ryan GERLACH	Calgary	32:52	4:07	32:53
19	7/102	M40-49	25	Jord MCIVER	Ladysmith	32:57	4:08	32:58
20	3/75	F20-29	611	Felicity HIK	Calgary	33:05	4:09	33:07
21	8/102	M40-49	475	Drew FREEMAN	Calgary	33:18	4:10	33:20
22	4/75	F20-29	668	Claire ROMANI	Calgary	33:32	4:12	33:33
23	9/102	M40-49	212	Adam TEASDALE	Calgary	33:46	4:14	33:49
24	10/102	M40-49	175	Jason DOORNBOS	Calgary	33:46	4:14	34:29
25	6/89	M30-39	629	Colum O'SULLIVAN	Calgary	33:50	4:14	33:56
26	7/89	M30-39	407	Adam BUTSON	Calgary	34:00	4:15	34:06
27	2/150	F30-39	723	Nicole SMIT	Calgary	34:12	4:17	34:21
28	1/23	F15-19	909	Ava CURRIE	Banff	34:16	4:17	36:05
29	2/23	F15-19	916	Emma FYNN	Banff	34:17	4:18	36:03
30	2/21	M15-19	473	Will DONOHUE	Calgary	34:18	4:18	34:19
31	1/159	F40-49	706	Janelle WATSON	Calgary	34:35	4:20	34:39
32	8/89	M30-39	253	Sean HICKEY	Calgary	34:58	4:23	35:00
33	9/89	M30-39	606	Curtis MACMILLAN	Cochrane	34:59	4:23	36:35
34	2/159	F40-49	211	Emma BILLINGTON	Calgary	35:00	4:23	35:12
35	3/150	F30-39	1003	Tristyn HEAD	Calgary	35:11	4:24	35:24
36	1/34	M50-59	1027	Shawn STRATTON	Calgary	35:21	4:26	35:22
37	4/150	F30-39	149	Lauren ANDERSON	Calgary	35:21	4:26	42:58
38	10/89	M30-39	458	Kyle MOORE	Calgary	35:21	4:26	35:30
39	5/75	F20-29	137	Christine DENISON	Calgary	35:23	4:26	42:59
40	11/89	M30-39	667	Peter SABOL	Calgary	35:33	4:27	35:39
41	4/32	M20-29	417	Ryland HATTON	Calgary	35:40	4:28	35:45
42	5/32	M20-29	545	Brayden KUEFLER	Forestburg	35:41	4:28	36:29
43	1/39	M01-14	868	Logan ROSTOKER	Bragg Creek	35:42	4:28	35:46
44	3/21	M15-19	634	Breaux WILSON	Sherwood Park	35:43	4:28	35:54
45	4/21	M15-19	674	Peyton TACIUUK	Foothills	35:46	4:29	35:56

46	2/34	M50-59	85 Sean WATKINS	Calgary	35:59	4:30	36:23
47	5/21	M15-19	867 Colton ROSTOKER	Bragg Creek	36:05	4:31	36:16
48	6/75	F20-29	583 Annika RICHARDSON	Calgary	36:20	4:33	36:22
49	11/102	M40-49	322 Patrick CLARK	Calgary	36:23	4:33	36:34
50	3/159	F40-49	1036 Alexandra STRATTON	Calgary	36:30	4:34	36:38
51	6/32	M20-29	677 Luc PROVENCHER	Calgary	36:37	4:35	36:39
52	12/102	M40-49	578 Richard ZONNEVELD	Canmore	36:37	4:35	36:47
53	13/102	M40-49	849 Verdeep UBHI	Calgary	36:41	4:36	36:48
54	6/21	M15-19	835 Oliver KALINOCKA	Edmonton	36:45	4:36	36:55
55	7/21	M15-19	945 Jake MORAN	Banff	36:47	4:36	36:48
56	2/39	M01-14	801 Micah EVANS	Canmore	36:50	4:37	36:50
57	14/102	M40-49	600 John GIDDENS	Cochrane	36:57	4:38	37:26
58	8/21	M15-19	675 Eric TAYLOR	Calgary	36:58	4:38	37:07
59	3/23	F15-19	929 Ellie HYNDMAN	Banff	37:02	4:38	37:11
60	15/102	M40-49	640 Adam LEBLANC	Calgary	37:07	4:39	37:16
61	12/89	M30-39	139 Patrick DEER	Calgary	37:07	4:39	37:14
62	4/159	F40-49	224 Megan BLAIN	Calgary	37:09	4:39	37:10
63	7/75	F20-29	862 Grace GLAAB	Banff	37:12	4:39	37:19
64	7/32	M20-29	701 Jacob SHEETS	Kitimat	37:14	4:40	37:18
65	5/150	F30-39	875 Gini DICKINSON	Canmore	37:14	4:40	37:22
66	16/102	M40-49	388 Kyle GARCIA	Calgary	37:14	4:40	37:35
67	8/32	M20-29	805 Jered CALVERLEY	Calgary	37:17	4:40	37:21
68	17/102	M40-49	316 Gustavo ELGUETA	Calgary	37:20	4:40	37:37
69	3/39	M01-14	1042 Riley MORAN	Banff	37:24	4:41	37:27
70	13/89	M30-39	315 David NELSON ELSKE	Calgary	37:32	4:42	37:42
71	1/32	F01-14	476 Makayla FREEMAN	Calgary	37:38	4:43	37:39
72	4/39	M01-14	914 Isaac ELENKO	Banff	37:55	4:45	37:59
73	8/75	F20-29	326 Emily WHITE	Calgary	37:58	4:45	39:06
74	14/89	M30-39	327 Maciek KROLIKOWSKI	Calgary	37:58	4:45	39:06
75	9/21	M15-19	919 Miles HALEK	Banff	37:58	4:45	37:59
76	18/102	M40-49	597 Elson OLIVEIRA	Cochrane	38:06	4:46	38:14
77	15/89	M30-39	342 Dean FOSTER	Calgary	38:08	4:46	38:36
78	16/89	M30-39	138 Joshua DENISON	Calgary	38:08	4:46	38:33
79	17/89	M30-39	498 Layne BATY	Okotoks	38:11	4:47	38:15
80	6/150	F30-39	592 Courtney BOGSTIE	Priddis	38:12	4:47	38:21
81	19/102	M40-49	108 James DORAN	Okotoks	38:14	4:47	38:17
82	4/23	F15-19	985 Greta PAULSEN	Didsbury	38:15	4:47	38:19
83	18/89	M30-39	150 John PEXMAN	Calgary	38:18	4:48	38:43
84	19/89	M30-39	375 Charles PRICE	Calgary	38:23	4:48	38:47
85	7/150	F30-39	593 Lindsay RUITER	Calgary	38:23	4:48	38:35
86	8/150	F30-39	537 Ellen RICK	Edmonton	38:24	4:48	38:47
87	5/159	F40-49	718 Deidre DERWORIZ	Hundvåg	38:32	4:49	38:34
88	9/32	M20-29	869 Rylee EMERY	Banff	38:33	4:50	38:37
89	1/9	M70+	591 Doug BOGSTIE	Priddis	38:49	4:52	39:49
90	20/89	M30-39	451 Lane SHELLEY	Calgary	38:49	4:52	40:00
91	21/89	M30-39	676 Landon SCHEDLER	Edmonton	39:03	4:53	39:13
92	6/159	F40-49	984 Sarah PAULSEN	Didsbury	39:12	4:54	39:17
93	5/39	M01-14	911 Clark DAREL	Banff	39:12	4:54	39:13
94	20/102	M40-49	989 Neil SHEPPARD	Canmore	39:14	4:55	39:23
95	3/34	M50-59	949 Charles BOUGIE	Calgary	39:22	4:56	39:29
96	21/102	M40-49	727 Michal SIDA	Calgary	39:27	4:56	39:33
97	10/32	M20-29	466 Shane D'ARCY	Calgary	39:28	4:56	39:40
98	9/150	F30-39	389 Brenna THIESSEN	Calgary	39:29	4:57	39:47
99	10/21	M15-19	165 Emmett STRANSKY	Calgary	39:33	4:57	40:00
100	11/21	M15-19	865 Alec JOHNSON	Didsbury	39:43	4:58	39:52
101	7/159	F40-49	662 Traci JACKSON	Calgary	39:44	4:58	40:09

102	4/34	M50-59	719 Rob JESSOP	Hundvåg	39:44	4:58	39:47
103	8/159	F40-49	863 Jenny JOHNSON	Didsbury	39:47	4:59	39:52
104	22/89	M30-39	270 Tobiah NEWTON	Calgary	39:48	4:59	40:57
105	22/102	M40-49	373 David LEARMONTH	Calgary	39:58	5:00	40:18
106	9/159	F40-49	730 Joanne CASAVANT	Calgary	39:58	5:00	40:51
107	10/150	F30-39	735 Michelle MACKENZIE	Calgary	39:59	5:00	40:53
108	23/89	M30-39	951 Matthew FATH	Lethbridge	40:02	5:01	40:34
109	23/102	M40-49	147 Matthew CLARK	Calgary	40:04	5:01	40:40
110	5/34	M50-59	664 Steve HELM	Calgary	40:08	5:01	40:10
111	11/150	F30-39	858 Megan DUFFY	Calgary	40:26	5:04	41:04
112	10/159	F40-49	632 Darcie TYMRICK-PURVIS	Calgary	40:28	5:04	40:33
113	9/75	F20-29	418 Kirstin CHURCH	Calgary	40:32	5:04	40:38
114	24/102	M40-49	887 Thomas HOLLOWAY	Rocky View County	40:32	5:04	40:52
115	1/68	F50-59	357 Susan WALL	Cochrane	40:34	5:05	40:43
116	11/159	F40-49	141 Whitney ZAP	Calgary	40:37	5:05	40:49
117	12/159	F40-49	32 Laura HENDERSON	Calgary	40:52	5:07	41:00
118	24/89	M30-39	1026 Kevin JANSEN	Calgary	40:53	5:07	41:34
119	12/150	F30-39	722 Elissa SCHUETT	Calgary	40:53	5:07	41:32
120	6/39	M01-14	910 Findley CURRIE	Banff	40:54	5:07	40:59
121	25/102	M40-49	705 Adam FROH	Calgary	41:00	5:08	41:16
122	13/150	F30-39	190 Brynlee THOMAS	Kimberley	41:02	5:08	42:37
123	25/89	M30-39	313 Josh ARGUE	Brooks	41:05	5:09	41:20
124	13/159	F40-49	603 Karen MCNERNEY	Calgary	41:08	5:09	41:33
125	26/89	M30-39	744 William PARDY	Calgary	41:09	5:09	41:27
126	27/89	M30-39	484 Graeme FOLK	Calgary	41:09	5:09	42:20
127	14/159	F40-49	572 Andrea GAMBLE	Calgary	41:11	5:09	41:47
128	2/32	F01-14	1005 Emily KRUSE	Calgary	41:14	5:10	41:27
129	3/32	F01-14	1004 Evelyn COOKE	Calgary	41:15	5:10	41:27
130	2/68	F50-59	324 Carmen NEUFELD	Calgary	41:16	5:10	42:37
131	28/89	M30-39	757 Borden MILLER	Calgary	41:20	5:10	41:57
132	14/150	F30-39	448 Julia PIESZCZYNSKI	Calgary	41:24	5:11	42:33
133	11/32	M20-29	1037 Hashim CHAUDHRY	Calgary	41:25	5:11	41:44
134	29/89	M30-39	767 Oz BOURKE	Banff	41:33	5:12	41:59
135	30/89	M30-39	1039 Leon SUTHERLAND	Calgary	41:43	5:13	42:06
136	15/150	F30-39	844 Melissa SANREGRET	Calgary	41:45	5:13	41:51
137	31/89	M30-39	365 Arlo SUTHERLAND	Calgary	41:45	5:14	42:06
138	26/102	M40-49	304 Brendan NOGUE	Calgary	41:51	5:14	42:14
139	10/75	F20-29	781 Arevik TOKMAJYAN	Calgary	41:53	5:15	42:37
140	6/34	M50-59	27 Scott ELIAS	Standard	41:56	5:15	42:11
141	15/159	F40-49	318 Kelsey RAGAN	Calgary	41:57	5:15	42:17
142	16/159	F40-49	148 Rebecca MELTZER	Calgary	42:08	5:16	42:44
143	16/150	F30-39	128 Sarah MUIR	Calgary	42:09	5:17	42:17
144	27/102	M40-49	834 Sam KALINOCKA	Edmonton	42:13	5:17	42:22
145	1/14	M60-69	136 Greg BROWN	Calgary	42:13	5:17	42:35
146	28/102	M40-49	312 Jeff BOYER	Calgary	42:18	5:18	42:38
147	2/14	M60-69	60 Kim B. HEINZE	Calgary	42:21	5:18	43:38
148	29/102	M40-49	803 Michael COLBERT	Calgary	42:23	5:18	42:30
149	11/75	F20-29	438 Conne LATEGAN	Edmonton	42:33	5:20	43:08
150	12/75	F20-29	429 Madison FULLERTON	Calgary	42:34	5:20	43:08
151	30/102	M40-49	390 Shawn BAXTER	Calgary	42:35	5:20	44:00
152	32/89	M30-39	590 Alistair SHIPLEY	Calgary	42:40	5:20	42:56
153	7/39	M01-14	301 Evan KUDAR	Calgary	42:43	5:21	43:00
154	17/159	F40-49	117 Tara LOHMANN	Calgary	42:44	5:21	43:02
155	13/75	F20-29	1000 Alice LIN	Banff	42:46	5:21	43:18
156	12/32	M20-29	998 Joshua JACKSON	Banff	42:46	5:21	43:18
157	13/32	M20-29	63 Ollie MORBERG	Calgary	42:47	5:21	43:15

158	18/159	F40-49	395	Lindsey SNYDER	Calgary	42:49	5:22	43:43
159	14/75	F20-29	1033	Kasey BROWN	Calgary	42:52	5:22	43:33
160	33/89	M30-39	30	Brian KIM	Calgary	42:58	5:23	43:17
161	7/34	M50-59	725	Loy SULLIVAN	Calgary	43:03	5:23	43:14
162	34/89	M30-39	788	Spencer TOLLEFSON	Calgary	43:09	5:24	44:08
163	31/102	M40-49	694	Dave WILSON	Calgary	43:09	5:24	43:31
164	32/102	M40-49	325	Dan CLARK	Calgary	43:20	5:25	43:42
165	8/39	M01-14	940	Levi MCKELLAR	Banff	43:21	5:26	43:25
166	9/39	M01-14	912	Thomas DAREL	Banff	43:26	5:26	43:26
167	12/21	M15-19	894	Carter ACETI	Banff	43:27	5:26	43:28
168	35/89	M30-39	1043	Aaron RANKIN	Calgary	43:27	5:26	43:48
169	17/150	F30-39	302	Katrina KULLY-MARTENS	Calgary	43:27	5:26	43:48
170	18/150	F30-39	613	Kendra CARTER	Canmore	43:30	5:27	43:43
171	10/39	M01-14	908	Henry COMEAU	Banff	43:31	5:27	43:35
172	11/39	M01-14	927	Logan HIMMELMAN	Banff	43:32	5:27	43:32
173	14/32	M20-29	569	Leonardo ROJAS	Calgary	43:36	5:27	43:42
174	1/24	F60-69	618	Donna DURHAM	Red Deer	43:43	5:28	43:49
175	36/89	M30-39	276	Mason BACHMEIER	Calgary	43:43	5:28	44:58
176	19/159	F40-49	83	Amanda SUTHERLAND	Calgary	43:44	5:28	44:03
177	5/23	F15-19	969	Madeline WICKINS	Banff	43:44	5:28	43:52
178	33/102	M40-49	34	Ryan QUIST	Calgary	43:51	5:29	44:08
179	37/89	M30-39	29	Ethan SHIPLEY	Calgary	43:52	5:29	44:08
180	12/39	M01-14	967	Andrew WANG	Banff	43:57	5:30	44:00
181	38/89	M30-39	332	Shady REZK	Calgary	44:01	5:31	44:08
182	15/75	F20-29	845	Cristina KLATT	Calgary	44:01	5:31	44:40
183	34/102	M40-49	986	Jeff O'LEARY	Banff	44:07	5:31	44:20
184	35/102	M40-49	879	Camilo ROSTOKER	Calgary	44:07	5:31	44:12
185	16/75	F20-29	886	Payton CALIBABA	Calgary	44:08	5:31	44:39
186	6/23	F15-19	913	Isabella DONOHUE	Banff	44:08	5:31	44:17
187	39/89	M30-39	235	Andrew STACHIW	Calgary	44:09	5:32	44:41
188	3/14	M60-69	650	"j-C" ST-LOUIS	Rocky View County	44:09	5:32	44:27
189	19/150	F30-39	870	Pili NEMER	Calgary	44:12	5:32	44:44
190	15/32	M20-29	852	Bentley IVES	Pincher Creek	44:13	5:32	45:06
191	20/150	F30-39	145	Kylie STONE	Calgary	44:14	5:32	44:57
192	40/89	M30-39	482	Garnet COGLON	Calgary	44:16	5:32	45:26
193	36/102	M40-49	134	Chad ZAHARIK	Calgary	44:16	5:32	44:50
194	41/89	M30-39	630	Dion VASILEIOU	Calgary	44:23	5:33	44:41
195	17/75	F20-29	82	Cheyenne GENDRON	Banff	44:28	5:34	44:37
196	21/150	F30-39	527	Alexis TUMBACH	Calgary	44:33	5:35	45:44
197	37/102	M40-49	256	Phil TRAVALE	Calgary	44:47	5:36	45:39
198	16/32	M20-29	366	Logan THOMAS	Okotoks	44:48	5:36	45:57
199	13/21	M15-19	955	Hudson PHILLIPS	Banff	44:50	5:37	44:50
200	13/39	M01-14	1044	Cam HENDRICK	Calgary	44:50	5:37	44:55
201	14/21	M15-19	915	Isaac FREEDMAN	Banff	44:55	5:37	44:58
202	22/150	F30-39	773	Ashley SCHIPANI	Calgary	45:09	5:39	45:53
203	38/102	M40-49	208	Geoff PERSON	Calgary	45:09	5:39	45:25
204	8/34	M50-59	612	Jeremy GARTON	Calgary	45:09	5:39	45:25
205	20/159	F40-49	799	Heidi GRIESER	Canmore	45:13	5:40	45:39
206	39/102	M40-49	267	Nick MCILHARGEY	Calgary	45:13	5:40	46:07
207	15/21	M15-19	866	Gavin JOHNSON	Didsbury	45:16	5:40	45:21
208	40/102	M40-49	864	Jeff JOHNSON	Didsbury	45:16	5:40	45:21
209	21/159	F40-49	218	Natalia MCMAHON	Calgary	45:17	5:40	45:20
210	14/39	M01-14	1019	Kingston TUDOR	Redwood Meadows	45:17	5:40	45:50
211	42/89	M30-39	812	David VINCENT	Calgary	45:17	5:40	45:30
212	23/150	F30-39	95	Sigourney COURTRIGHT	Calgary	45:26	5:41	47:03
213	22/159	F40-49	249	Morgan WITTSTOCK	Calgary	45:35	5:42	46:30

214	43/89	M30-39	541 Colton PANKIW	Calgary	45:40	5:43	45:47
215	41/102	M40-49	702 Jochen FAHR	Calgary	45:42	5:43	45:49
216	18/75	F20-29	441 Bailey SAXBY	Calgary	45:42	5:43	45:55
217	3/68	F50-59	507 Shelley ZWICKER	Calgary	45:42	5:43	46:29
218	24/150	F30-39	751 Alicia KELAHEAR	Vancouver	45:50	5:44	46:40
219	44/89	M30-39	726 Tyler CHAPMAN	Vancouver	45:51	5:44	46:41
220	45/89	M30-39	1021 Sam HETHERINGTON	Calgary	45:54	5:45	46:43
221	19/75	F20-29	416 Ella MILLOY	Calgary	45:54	5:45	46:12
222	46/89	M30-39	74 Andrey RANENKO	Calgary	45:56	5:45	48:01
223	17/32	M20-29	857 Jori DUGUID	Calgary	45:56	5:45	46:46
224	25/150	F30-39	821 Emily JONES	Madeira Park	45:58	5:45	46:12
225	26/150	F30-39	571 Beata TRZCINKA	Calgary	45:58	5:45	46:06
226	23/159	F40-49	48 Michaela JENKINS	Edmonton	46:00	5:45	47:17
227	24/159	F40-49	37 Cassandra STOIANOV	Calgary	46:00	5:45	46:15
228	42/102	M40-49	299 Bryan WITHERS	Calgary	46:02	5:46	46:47
229	27/150	F30-39	43 Ashley ROSZELL	Calgary	46:05	5:46	46:46
230	25/159	F40-49	508 Heather DAVIS	Calgary	46:15	5:47	47:38
231	26/159	F40-49	394 Lisa MCLAUGHLIN	Calgary	46:17	5:47	47:38
232	9/34	M50-59	49 Mark JENKINS	Edmonton	46:17	5:48	47:34
233	27/159	F40-49	363 Cara BELL	Calgary	46:17	5:48	46:45
234	43/102	M40-49	364 Darren ZABEL	Airdrie	46:18	5:48	46:44
235	47/89	M30-39	528 Scott MILNTHORP	Calgary	46:23	5:48	47:33
236	4/68	F50-59	17 Kristen CARTER	St. Albert	46:30	5:49	47:24
237	48/89	M30-39	425 Dave HENDERSON	Edmonton	46:35	5:50	48:11
238	44/102	M40-49	176 Chris DOORNBOS	Calgary	46:35	5:50	47:20
239	49/89	M30-39	670 Joshua CAMPBELL	Calgary	46:36	5:50	47:07
240	28/159	F40-49	392 Ramona HILL	Calgary	46:41	5:51	47:34
241	28/150	F30-39	621 Madeline MCCAFFREY	Banff	46:42	5:51	46:59
242	29/150	F30-39	787 Lilit TOKMAJYAN	Calgary	46:46	5:51	47:29
243	30/150	F30-39	1024 Katrina MAY	Calgary	46:50	5:52	47:26
244	5/68	F50-59	381 Samantha GRIFFITHS	Canmore	46:50	5:52	47:30
245	45/102	M40-49	13 Jessie SHIRE	Calgary	46:51	5:52	48:10
246	31/150	F30-39	470 Laura FRIEDRICH	Calgary	46:57	5:53	47:12
247	16/21	M15-19	1013 Jacob MCGLINCHEY	Calgary	47:00	5:53	48:15
248	7/23	F15-19	38 Charlotte FAY	Calgary	47:02	5:53	48:15
249	2/24	F60-69	57 Tracy KENNETT	Courtenay	47:02	5:53	48:17
250	46/102	M40-49	445 George COLBERT	Calgary	47:15	5:55	47:23
251	47/102	M40-49	771 Ian JOHNSTON	Calgary	47:19	5:55	48:17
252	8/23	F15-19	958 Gemma SEAL	Banff	47:20	5:55	47:39
253	50/89	M30-39	715 Dylan MASON	Calgary	47:20	5:55	47:52
254	20/75	F20-29	338 Catalina BARRETO	Calgary	47:22	5:56	47:35
255	32/150	F30-39	717 Jenny Li Yi CAO	Calgary	47:22	5:56	47:56
256	10/34	M50-59	382 Mike GRIFFITHS	Canmore	47:24	5:56	48:01
257	51/89	M30-39	837 Sean KORMOS	Calgary	47:27	5:56	47:45
258	2/9	M70+	307 Don LEE	Calgary	47:28	5:56	47:40
259	18/32	M20-29	853 Ben SHERREN	Calgary	47:28	5:56	48:07
260	52/89	M30-39	237 Jorge RODRIGUEZ TORRES	Calgary	47:29	5:57	48:00
261	33/150	F30-39	724 Danielle TAYLOR	Calgary	47:31	5:57	49:19
262	11/34	M50-59	532 Greg WOHLGESCHAFFEN	Calgary	47:32	5:57	48:31
263	1/2	NOAGE	933 Late REGISTRANT	Calgary	47:33	5:57	49:12
264	53/89	M30-39	736 Victor CHABOT	Calgary	47:34	5:57	49:11
265	54/89	M30-39	191 Thomas BROWN	Kimberley	47:37	5:58	49:13
266	29/159	F40-49	272 Brit HART	Calgary	47:38	5:58	48:41
267	9/23	F15-19	779 Isabelle WORTHINGTON	Calgary	47:39	5:58	47:53
268	30/159	F40-49	450 Odette FIGUEROA JUAREZ	Calgary	47:39	5:58	49:12
269	17/21	M15-19	924 Andrew HENNING	Banff	47:40	5:58	47:42

270	21/75	F20-29	980 Alivia KUEHNER	Calgary	47:42	5:58	49:20
271	6/68	F50-59	979 Melissa KUEHNER	Calgary	47:43	5:58	49:21
272	55/89	M30-39	802 Tony GALL	Calgary	47:49	5:59	48:06
273	22/75	F20-29	810 Amy STANDING	Calgary	47:49	5:59	48:59
274	7/68	F50-59	184 Suzanne BROOKS	Calgary	47:51	5:59	47:57
275	48/102	M40-49	45 Tom SORELL	Calgary	47:51	5:59	48:22
276	4/32	F01-14	943 Veda MENZIES	Banff	47:53	6:00	48:01
277	15/39	M01-14	824 Bennett RESCH	Calgary	47:54	6:00	48:44
278	34/150	F30-39	544 Stephanie DAVIES	Radium Hot Springs	47:54	6:00	49:18
279	49/102	M40-49	693 Matthew WATT	Calgary	47:55	6:00	48:32
280	35/150	F30-39	946 Nicole NORMAN	Calgary	48:00	6:00	49:15
281	12/34	M50-59	403 Randy LAWRENCE	Red Deer	48:03	6:01	48:42
282	13/34	M50-59	321 Mark ROSS	Brooks	48:05	6:01	49:05
283	16/39	M01-14	970 Jacob WICKINS	Banff	48:06	6:01	48:20
284	31/159	F40-49	588 Andrea OPYR	Calgary	48:08	6:01	48:51
285	19/32	M20-29	976 Jeffrey MATSON	Bluffton	48:10	6:02	48:18
286	50/102	M40-49	463 Connor O'SHEA	Calgary	48:12	6:02	48:34
287	8/68	F50-59	531 Jody COLE	Calgary	48:22	6:03	49:21
288	20/32	M20-29	64 Joah MORBERG	Calgary	48:27	6:04	48:54
289	51/102	M40-49	817 Manish NEUPANE	Calgary	48:29	6:04	49:25
290	36/150	F30-39	296 Chelsea BELAU	Okotoks	48:30	6:04	49:43
291	32/159	F40-49	474 Jessica MONTAGUE	Calgary	48:36	6:05	49:01
292	23/75	F20-29	573 Reese TUFFORD	Steinbach	48:37	6:05	49:46
293	56/89	M30-39	841 Alexander BEARINGER	Calgary	48:41	6:06	49:08
294	52/102	M40-49	703 Danny MULCAHY	Cochrane	48:41	6:06	49:55
295	57/89	M30-39	855 Braeden PETERS	Banff	48:43	6:06	50:27
296	37/150	F30-39	678 Sarah KENT	Calgary	48:43	6:06	49:29
297	14/34	M50-59	697 John John MACDONALD	Banff	48:44	6:06	50:29
298	24/75	F20-29	698 Gemma MCDONALD	Banff	48:44	6:06	50:28
299	53/102	M40-49	679 Graham KENT	Calgary	48:44	6:06	49:30
300	4/14	M60-69	707 Steve HOWELLS	Calgary	48:45	6:06	49:13
301	38/150	F30-39	699 Danielle RIEL	Calgary	48:46	6:06	50:29
302	5/14	M60-69	709 Gary ERICKSON	Calgary	48:48	6:06	49:44
303	58/89	M30-39	368 Colin KERR	Calgary	48:48	6:06	50:26
304	54/102	M40-49	323 Mike SANDER	Calgary	48:56	6:07	50:35
305	33/159	F40-49	107 Sharon DORAN	Okotoks	48:59	6:08	49:17
306	59/89	M30-39	513 Tanner MELNYCHYN	Calgary	49:01	6:08	50:00
307	60/89	M30-39	617 Cody DENOVAN	Cochrane	49:01	6:08	50:00
308	3/24	F60-69	666 Theresa GAWRON	Banff	49:01	6:08	49:13
309	61/89	M30-39	509 Jackson KOSTIUK	Calgary	49:03	6:08	50:00
310	9/68	F50-59	471 Ashley DONOHUE	Calgary	49:06	6:09	49:57
311	39/150	F30-39	656 Alicia HUTTON	Calgary	49:07	6:09	50:27
312	55/102	M40-49	952 Jordan SEIM	Chauvin	49:07	6:09	50:27
313	21/32	M20-29	359 Jeffrey TARNASKY	Calgary	49:08	6:09	49:17
314	25/75	F20-29	836 Hannah WALSH	Calgary	49:09	6:09	49:29
315	17/39	M01-14	971 Nolan WOLFE	Banff	49:12	6:09	49:17
316	34/159	F40-49	398 Louise PHELPS	Calgary	49:12	6:09	50:36
317	40/150	F30-39	158 Dalene VISSER	Vancouver	49:14	6:10	50:09
318	56/102	M40-49	227 Greg PEPLINSKI	Calgary	49:16	6:10	50:59
319	35/159	F40-49	564 Jennifer SIMPER	Foothills	49:17	6:10	49:36
320	57/102	M40-49	563 Gavin MURPHY	Foothills	49:17	6:10	49:36
321	41/150	F30-39	305 Jannel JEFFERY	Calgary	49:18	6:10	49:42
322	18/21	M15-19	300 Connor KUDAR	Calgary	49:18	6:10	50:10
323	26/75	F20-29	992 Mercedes SCHINDLER	Calgary	49:19	6:10	49:47
324	58/102	M40-49	116 Brad KUDAR	Calgary	49:19	6:10	50:11
325	36/159	F40-49	1022 Marshall LAURA	Banff	49:19	6:10	49:33

326	62/89	M30-39	816 Zach ADAMS	Airdrie	49:20	6:10	49:56
327	10/23	F15-19	1081 Dani LESLIE	Banff	49:21	6:11	49:42
328	59/102	M40-49	248 Cody MCDONALD	Calgary	49:26	6:11	50:04
329	60/102	M40-49	459 David BROWN	Calgary	49:26	6:11	49:50
330	42/150	F30-39	460 Emily WEST	Calgary	49:27	6:11	49:50
331	15/34	M50-59	77 Richard JANSEN	Calgary	49:27	6:11	50:02
332	63/89	M30-39	556 Vittorio SPOLDI	Calgary	49:28	6:11	50:58
333	27/75	F20-29	823 Olivia RESCH	Calgary	49:28	6:11	50:18
334	37/159	F40-49	822 Leah RESCH	Calgary	49:29	6:12	50:19
335	38/159	F40-49	1025 Megan LOHMANN	Fernie	49:33	6:12	50:22
336	64/89	M30-39	848 Dylon LAKEVOLD	Calgary	49:35	6:12	49:41
337	39/159	F40-49	485 Claudia VELANDIA	Calgary	49:35	6:12	50:58
338	18/39	M01-14	793 Harrison WALD	Calgary	49:40	6:13	50:31
339	40/159	F40-49	297 Sian JONES	Calgary	49:40	6:13	51:12
340	19/39	M01-14	166 Oscar STRANSKY	Calgary	49:41	6:13	50:06
341	61/102	M40-49	791 Adam HENNING	Calgary	49:41	6:13	50:31
342	16/34	M50-59	163 Jeff STRANSKY	Calgary	49:41	6:13	50:06
343	43/150	F30-39	790 Candice SHULTZ	Calgary	49:41	6:13	50:32
344	10/68	F50-59	397 Shauna BECKER	Calgary	49:41	6:13	51:03
345	11/23	F15-19	792 Amelia WALD	Calgary	49:42	6:13	50:32
346	41/159	F40-49	983 Meagan SHULTZ	Calgary	49:43	6:13	50:33
347	44/150	F30-39	840 Olivia VIOLA	Calgary	49:45	6:14	50:13
348	11/68	F50-59	616 Jennifer LARMER	Calgary	49:45	6:14	50:24
349	45/150	F30-39	247 Laura MISLAN	Bragg Creek	49:46	6:14	50:41
350	46/150	F30-39	269 Erica BALMER	Calgary	49:48	6:14	50:58
351	12/23	F15-19	500 Maya KUEHN	Medicine Hat	49:49	6:14	50:12
352	42/159	F40-49	259 Chantal BAZINET	Calgary	49:50	6:14	51:02
353	12/68	F50-59	447 Heather FRIESEN	Calgary	49:53	6:15	51:16
354	28/75	F20-29	522 Jocelyn CANON	Calgary	49:54	6:15	51:21
355	47/150	F30-39	319 Morgan ROSS	Brooks	50:01	6:16	51:01
356	29/75	F20-29	750 Makayla ROBINSON	Calgary	50:01	6:16	51:17
357	22/32	M20-29	850 Liam MCLEOD	Duffield	50:01	6:16	51:18
358	17/34	M50-59	88 Andrew BUCHOLTZ	Calgary	50:06	6:16	50:17
359	48/150	F30-39	680 Caytlan MACKENZIE	Calgary	50:10	6:17	51:30
360	49/150	F30-39	414 Kirsi KEENAN	Calgary	50:10	6:17	51:30
361	4/24	F60-69	8 Pamela GOSSMANN	Cochrane	50:11	6:17	50:21
362	6/14	M60-69	431 Michael MACMILLAN	Cochrane	50:11	6:17	51:12
363	5/24	F60-69	523 Kathy TRAPTOW	Calgary	50:19	6:18	51:44
364	65/89	M30-39	488 Jon SHEERAN	Calgary	50:20	6:18	51:44
365	30/75	F20-29	797 Sadie DAVIDSON	Calgary	50:21	6:18	51:15
366	18/34	M50-59	22 Barry G. SMITH	Calgary	50:28	6:19	51:12
367	50/150	F30-39	628 Chantelle BALL	Calgary	50:29	6:19	51:16
368	51/150	F30-39	222 Lynn STEUDLER	Calgary	50:29	6:19	51:16
369	5/32	F01-14	897 Emma BERTHIAUME	Banff	50:30	6:19	51:01
370	43/159	F40-49	758 Anna MILLAR	Edmonton	50:30	6:19	51:49
371	62/102	M40-49	442 Jason LESLIE	Hinton	50:33	6:20	50:57
372	6/32	F01-14	966 Reese VERTZ	Banff	50:35	6:20	51:07
373	44/159	F40-49	200 Errin PAGE	Carseland	50:41	6:21	52:24
374	13/68	F50-59	232 Rochelle COTE	Calgary	50:43	6:21	51:31
375	45/159	F40-49	167 Brier REID	Calgary	50:44	6:21	51:15
376	14/68	F50-59	510 Brandi NEWTON	Calgary	50:45	6:21	51:45
377	19/34	M50-59	511 Chris SPENCE	Calgary	50:45	6:21	51:45
378	52/150	F30-39	3 Veronica TONGA	Calgary	50:49	6:22	51:35
379	23/32	M20-29	832 Bradley SCARROW	Cochrane	50:55	6:22	51:05
380	63/102	M40-49	161 Ryan STJOHN	Calgary	50:57	6:23	51:40
381	20/39	M01-14	926 Nathan HIMMELMAN	Banff	51:00	6:23	51:05

382	13/23	F15-19	960 Stella SMITH	Banff	51:01	6:23	51:23
383	7/14	M60-69	9 Dan GOSSMANN	Cochrane	51:04	6:23	51:13
384	46/159	F40-49	234 Jessica SCARPELLI	Calgary	51:05	6:24	52:43
385	8/14	M60-69	59 Jordan MACGREGOR	Calgary	51:07	6:24	51:37
386	53/150	F30-39	91 Chantal SNODGRASS	Calgary	51:09	6:24	51:39
387	66/89	M30-39	142 Jeremy FERNANDES	Calgary	51:09	6:24	51:23
388	54/150	F30-39	789 Erin SHUMLICH	Calgary	51:10	6:24	51:38
389	55/150	F30-39	189 Tina HU	Calgary	51:11	6:24	51:38
390	56/150	F30-39	341 Stacey VAN ROESSEL	Calgary	51:13	6:25	51:40
391	57/150	F30-39	242 Adrienne SHUMLICH	Calgary	51:13	6:25	51:39
392	47/159	F40-49	220 Stephanie DANDO	Invermere	51:13	6:25	51:57
393	48/159	F40-49	663 Erin MACARTHUR	Banff	51:14	6:25	51:24
394	64/102	M40-49	883 Graham COBB	Calgary	51:14	6:25	52:07
395	20/34	M50-59	873 Scott HAINES	Strathmore	51:14	6:25	51:39
396	65/102	M40-49	106 Andrew LEACH	Calgary	51:15	6:25	52:52
397	58/150	F30-39	831 Alexandra GRADEEN	Calgary	51:15	6:25	51:27
398	15/68	F50-59	367 Casey THOMAS	Okotoks	51:17	6:25	52:27
399	59/150	F30-39	761 Brenda ROONEY	Calgary	51:22	6:26	52:10
400	67/89	M30-39	760 Mark STUDZINSKI	Calgary	51:22	6:26	52:10
401	66/102	M40-49	387 Tom BLAKEMORE	Canmore	51:23	6:26	51:48
402	7/32	F01-14	922 Victoria HENNING	Banff	51:23	6:26	51:55
403	67/102	M40-49	159 Andrew RIBEN	Calgary	51:30	6:27	51:55
404	60/150	F30-39	6 Rebecca VAN HOEVE	Calgary	51:32	6:27	52:50
405	68/102	M40-49	483 Chris HIMMELMAN	Calgary	51:32	6:27	51:48
406	31/75	F20-29	465 Bailey POWELL	Calgary	51:36	6:27	51:47
407	61/150	F30-39	391 Julie BAXTER	Calgary	51:36	6:27	51:46
408	62/150	F30-39	298 Naomi WITHERS	Calgary	51:41	6:28	52:27
409	49/159	F40-49	19 Suzanne HARRISON	Edmonton	51:45	6:28	52:39
410	21/34	M50-59	384 Robert CAREY	Sherwood Park	51:45	6:29	52:01
411	50/159	F40-49	881 Crystal COBB	Calgary	51:45	6:29	52:39
412	21/39	M01-14	882 Benjamin COBB	Calgary	51:46	6:29	52:39
413	8/32	F01-14	936 Megan MALCOLM	Banff	51:48	6:29	51:56
414	9/14	M60-69	502 Lorne SCHOENTHALER	Calgary	51:50	6:29	52:32
415	16/68	F50-59	501 Jodie FERNQUIST	Calgary	51:50	6:29	52:31
416	32/75	F20-29	888 Stella D'ARGENT	Standard	51:50	6:29	52:04
417	63/150	F30-39	240 Sukhman SANDHU	Victoria	51:51	6:29	52:39
418	51/159	F40-49	23 Heidi LUND	Calgary	51:52	6:29	53:12
419	22/39	M01-14	907 Bryce COBB	Banff	51:52	6:29	52:07
420	52/159	F40-49	294 Molly THERRIEN	Calgary	51:54	6:30	53:02
421	64/150	F30-39	306 Kaity DOIRON	Calgary	51:57	6:30	52:44
422	65/150	F30-39	221 Brittney KIEFER	Calgary	51:57	6:30	52:44
423	66/150	F30-39	311 Melanie BOYER	Calgary	51:59	6:30	52:40
424	17/68	F50-59	164 Lise STRANSKY	Calgary	52:02	6:31	52:27
425	67/150	F30-39	262 Danielle BAZINET	Calgary	52:02	6:31	53:14
426	53/159	F40-49	268 Nadine TAUBE	Calgary	52:11	6:32	53:13
427	33/75	F20-29	439 Julia TOKARZ	Calgary	52:11	6:32	52:23
428	3/9	M70+	111 Wayne AIKINS	Lethbridge	52:12	6:32	53:55
429	54/159	F40-49	205 Kristen BEECHEY	Calgary	52:15	6:32	53:58
430	23/39	M01-14	934 Conrad MACPHERSON	Banff	52:21	6:33	52:24
431	68/150	F30-39	492 Victoria DE GROOT	Lethbridge	52:22	6:33	54:03
432	55/159	F40-49	479 Sara JAEGER	Calgary	52:27	6:34	53:32
433	22/34	M50-59	796 Troy DAVIDSON	Calgary	52:29	6:34	53:27
434	18/68	F50-59	775 Tonia WOOD	Calgary	52:30	6:34	52:53
435	19/68	F50-59	776 Jody CALVERT	Calgary	52:30	6:34	52:53
436	56/159	F40-49	798 Jennifer HOGAN	Calgary	52:31	6:34	52:53
437	57/159	F40-49	599 Amy GIDDENS	Cochrane	52:31	6:34	53:01

438	34/75	F20-29	753 Ann SAUVE	Strathmore	52:33	6:35	54:09
439	24/39	M01-14	903 Alex CHEN	Banff	52:34	6:35	52:37
440	25/39	M01-14	925 Alex HESKE	Banff	52:35	6:35	52:38
441	58/159	F40-49	92 Melissa PICHE	Strathmore	52:35	6:35	54:17
442	35/75	F20-29	752 Taylor FRANK	Calgary	52:35	6:35	54:09
443	20/68	F50-59	132 Michelle KINGHORN	Calgary	52:37	6:35	54:19
444	59/159	F40-49	777 Dora DIEDÉ	Calgary	52:41	6:36	53:15
445	26/39	M01-14	1018 Charles TUDOR	Redwood Meadows	52:49	6:37	53:23
446	23/34	M50-59	988 Jeff GOURLAY	Calgary	52:52	6:37	54:01
447	36/75	F20-29	738 Paige WOZNY	Edmonton	52:56	6:37	53:48
448	37/75	F20-29	770 Madison WILLIS	Calgary	52:56	6:37	53:48
449	69/150	F30-39	377 Jenna STOREY	Calgary	52:58	6:38	54:34
450	38/75	F20-29	393 Chella IRERI	Calgary	52:58	6:38	54:34
451	39/75	F20-29	376 Emily MCBRIDE	Calgary	52:59	6:38	54:34
452	14/23	F15-19	637 Martina NOVAKOVA	Banff	53:00	6:38	54:33
453	68/89	M30-39	335 Jorge PIRELA BOHORQUEZ	Calgary	53:00	6:38	54:03
454	60/159	F40-49	236 Jasna HEINRICHS	Calgary	53:04	6:38	54:03
455	70/150	F30-39	874 Carla FOLK	Calgary	53:04	6:38	54:16
456	61/159	F40-49	100 Lara SOUKOREFF	Calgary	53:05	6:38	53:34
457	62/159	F40-49	277 Sarah KETCHESON	Calgary	53:06	6:39	53:35
458	40/75	F20-29	745 Jenna WOLSEY	Calgary	53:07	6:39	54:43
459	41/75	F20-29	747 Brynn NESBITT	Calgary	53:09	6:39	54:43
460	71/150	F30-39	733 Sarah HOGENDORP	Calgary	53:13	6:40	54:49
461	6/24	F60-69	696 Carol LINDHOLM	Calgary	53:15	6:40	54:35
462	72/150	F30-39	303 Adele LAFOND	Calgary	53:17	6:40	53:40
463	63/159	F40-49	28 Sarah JORDAN	Calgary	53:18	6:40	54:31
464	64/159	F40-49	31 Sydney FAY	Calgary	53:18	6:40	54:30
465	15/23	F15-19	830 Samantha EREMENKO	Calgary	53:20	6:40	54:16
466	73/150	F30-39	103 Courtney ALLARDYCE	Calgary	53:23	6:41	54:29
467	42/75	F20-29	754 Madison GALESKI	Calgary	53:27	6:41	55:04
468	69/102	M40-49	833 David WHALE	Cochrane	53:28	6:41	55:00
469	65/159	F40-49	386 Leslie MACRAE-KRISA	Okotoks	53:29	6:42	55:00
470	43/75	F20-29	660 Olya VESPYANSKY	Calgary	53:29	6:42	53:48
471	16/23	F15-19	975 Abby WORTHINGTON	Lethbridge	53:29	6:42	53:44
472	74/150	F30-39	35 Sarah JOHNSON	Calgary	53:30	6:42	55:01
473	21/68	F50-59	721 Erin REID	Calgary	53:33	6:42	55:08
474	22/68	F50-59	829 Karin HUNTER	Calgary	53:36	6:42	54:31
475	44/75	F20-29	503 Taylor RICHTER	Calgary	53:41	6:43	54:57
476	23/68	F50-59	560 Donna KWAN	Calgary	53:42	6:43	55:11
477	24/32	M20-29	504 Jack LEITCH	Calgary	53:42	6:43	54:57
478	75/150	F30-39	530 Danielle GIFFORD	Calgary	53:44	6:43	54:55
479	69/89	M30-39	529 Taylor ARNETT	Calgary	53:45	6:44	54:53
480	66/159	F40-49	534 Helen BRANDRETH	Calgary	53:47	6:44	54:04
481	67/159	F40-49	33 Meghan GILPIN	Calgary	53:52	6:44	55:00
482	76/150	F30-39	978 Michelle MALTHOUSE	Calgary	53:54	6:45	54:11
483	68/159	F40-49	579 Melanie TEGART	Cochrane	53:55	6:45	54:59
484	70/102	M40-49	1016 Nolan TUDOR	Redwood Meadows	53:59	6:45	54:36
485	77/150	F30-39	1017 Wendy LAMBIE	Redwood Meadows	54:00	6:45	54:36
486	69/159	F40-49	125 Laura PELLEGRIN	Calgary	54:01	6:46	54:32
487	70/159	F40-49	446 Gina THORNTON	Calgary	54:02	6:46	55:04
488	24/34	M50-59	981 Steve KUEHNER	Calgary	54:06	6:46	55:45
489	71/159	F40-49	238 Megan MATTERS	Calgary	54:07	6:46	54:54
490	45/75	F20-29	809 Zoie KEHOE	Victoria	54:22	6:48	55:33
491	78/150	F30-39	587 Catherine RITCHIE	Calgary	54:25	6:49	55:08
492	79/150	F30-39	815 Leah HESJE	Calgary	54:26	6:49	55:43
493	80/150	F30-39	333 Rhiella ANCELL	Calgary	54:26	6:49	54:40

494	71/102	M40-49	42 Eldon LEW	Calgary	54:27	6:49	55:46
495	72/159	F40-49	692 Jasmine WATT	Calgary	54:31	6:49	56:17
496	70/89	M30-39	264 Devin WALLINE	Calgary	54:31	6:49	55:02
497	81/150	F30-39	133 Alanna JOHNSTON	Calgary	54:32	6:49	55:02
498	82/150	F30-39	813 Kimberley STAUSEBACH	Canmore	54:32	6:49	54:44
499	46/75	F20-29	609 Riley WEILER	Calgary	54:47	6:51	56:06
500	25/32	M20-29	610 Cameron LEITCH	Calgary	54:48	6:51	56:06
501	83/150	F30-39	181 Claire CIPELLETTI	Calgary	54:52	6:52	55:38
502	84/150	F30-39	271 Chelsey HODGES	Calgary	54:52	6:52	55:37
503	73/159	F40-49	454 Jodi RUBULIAK	Calgary	54:59	6:53	56:38
504	74/159	F40-49	645 Kimberly ACEVEDO	Calgary	55:10	6:54	56:13
505	75/159	F40-49	884 Joanna HARDY	Calgary	55:11	6:54	56:57
506	85/150	F30-39	769 Colina MARSHALL	Calgary	55:33	6:57	56:50
507	24/68	F50-59	345 Pennie GAGE	St. Albert	55:33	6:57	56:30
508	86/150	F30-39	582 Aimee JOHNSTON	Calgary	55:33	6:57	56:02
509	71/89	M30-39	973 Colin GARRETT	Calgary	55:35	6:57	57:11
510	47/75	F20-29	627 Felicity DANDO	Invermere	55:40	6:58	56:26
511	87/150	F30-39	695 Miriam VAN HOEVE	Lethbridge	55:42	6:58	57:00
512	25/34	M50-59	354 Steven PEPLINSKI	Calgary	55:42	6:58	57:23
513	88/150	F30-39	728 Becki MERCER	Banff	55:47	6:59	57:13
514	48/75	F20-29	659 Anna BALDYGA	Calgary	55:50	6:59	56:09
515	26/32	M20-29	889 Tanvir BAINS	Calgary	55:50	6:59	57:16
516	25/68	F50-59	226 Monique VAN LAAR	Calgary	55:56	7:00	56:29
517	89/150	F30-39	266 Tekla MCILHARGEY	Calgary	56:05	7:01	56:10
518	26/34	M50-59	519 Michael PRYSTUPA	Calgary	56:05	7:01	56:11
519	49/75	F20-29	947 Morgan MCKENZIE	Calgary	56:08	7:01	57:37
520	76/159	F40-49	672 Tara MATHERON	Calgary	56:09	7:02	57:07
521	50/75	F20-29	708 Brooke SHERWIN	Calgary	56:09	7:02	57:37
522	27/39	M01-14	671 Maximo SALMON	Calgary	56:09	7:02	57:07
523	26/68	F50-59	521 Michelle MCGARRY	Canmore	56:10	7:02	56:58
524	27/32	M20-29	669 George FARRINGTON	Calgary	56:10	7:02	57:37
525	9/32	F01-14	964 Chloe TARDIF	Banff	56:11	7:02	56:44
526	51/75	F20-29	731 Amy STAFFORD	Red Deer	56:13	7:02	57:13
527	52/75	F20-29	700 Samara STEWART	Kitimat	56:13	7:02	57:13
528	53/75	F20-29	732 Naomi COLLYER	Millarville	56:13	7:02	57:13
529	90/150	F30-39	423 Angela MACGILLIVRAY	Calgary	56:17	7:03	57:15
530	91/150	F30-39	437 Ashley HUDSON	Calgary	56:17	7:03	57:15
531	27/68	F50-59	385 Wallena KENDRICK	Calgary	56:22	7:03	57:52
532	77/159	F40-49	383 Renee COLE	Calgary	56:22	7:03	57:52
533	72/89	M30-39	10 Bradley LEWIS	Calgary	56:25	7:04	57:45
534	78/159	F40-49	996 Katie BOYD	Calgary	56:25	7:04	57:30
535	27/34	M50-59	995 Sev PARKIN	Okotoks	56:26	7:04	57:31
536	72/102	M40-49	453 Joshua MATHEUSIK	Calgary	56:27	7:04	56:47
537	28/68	F50-59	712 Margie THIBEAULT	Calgary	56:28	7:04	57:10
538	7/24	F60-69	18 Julie BRETT	Edmonton	56:29	7:04	57:23
539	10/32	F01-14	828 Vivienne MATHEUSIK	Calgary	56:29	7:04	56:47
540	92/150	F30-39	75 Sarvin SEPASSI	Calgary	56:31	7:04	58:37
541	17/23	F15-19	586 Lilly CASTILLO	Calgary	56:33	7:05	58:06
542	18/23	F15-19	963 Maelle TARDIF	Banff	56:34	7:05	56:58
543	54/75	F20-29	400 Tirion JONES	Calgary	56:37	7:05	57:38
544	29/68	F50-59	713 Denise TREMBLAY	Calgary	56:38	7:05	57:21
545	79/159	F40-49	499 Kora KUEHN	Medicine Hat	56:39	7:05	57:03
546	30/68	F50-59	70 Heather MORTON	Calgary	56:39	7:05	57:27
547	11/32	F01-14	937 Alexa MARSHALL	Banff	56:41	7:06	56:49
548	80/159	F40-49	481 Sumi MARK	Calgary	56:45	7:06	57:57
549	73/89	M30-39	36 Allan DIEWOLD	Calgary	56:45	7:06	58:16

550	8/24	F60-69	552 Nola DUSEVIC	Golden	56:49	7:07	57:02
551	31/68	F50-59	246 Kathryn MENOTTI	Calgary	56:52	7:07	57:44
552	81/159	F40-49	469 Wendy TRANQ	Calgary	56:54	7:07	57:25
553	28/39	M01-14	741 Eli WILSON	Calgary	56:54	7:07	57:44
554	73/102	M40-49	495 Christopher CONNER	Canmore	56:55	7:07	57:25
555	74/102	M40-49	477 Michael GEERTSEMA	Canmore	56:55	7:07	57:25
556	82/159	F40-49	494 Jessica BUSH	Canmore	56:55	7:07	57:25
557	83/159	F40-49	635 Jennifer WILSON	Sherwood Park	56:56	7:07	57:07
558	93/150	F30-39	457 Syma HABIB	Calgary	56:58	7:08	58:33
559	94/150	F30-39	456 Teigan KOPEC	Calgary	56:58	7:08	58:33
560	12/32	F01-14	901 Greta CARSON BURFORD	Banff	57:00	7:08	57:33
561	13/32	F01-14	923 Olivia HENNING	Banff	57:00	7:08	57:33
562	95/150	F30-39	785 Jaycee TUDOR	Calgary	57:03	7:08	57:40
563	29/39	M01-14	939 Riley MCCARTHY	Banff	57:05	7:09	57:10
564	14/32	F01-14	968 Clara WICKINS	Banff	57:11	7:09	57:46
565	96/150	F30-39	999 Cheyanne BOEHM	Calgary	57:11	7:09	57:50
566	32/68	F50-59	123 Rosemary STEWART	Calgary	57:11	7:09	58:34
567	15/32	F01-14	904 Anne CLEMENT	Banff	57:22	7:11	58:01
568	84/159	F40-49	878 Amelie GRONDIN	Calgary	57:22	7:11	58:01
569	16/32	F01-14	906 Hannah COBB	Banff	57:27	7:11	58:04
570	30/39	M01-14	905 Charles CLEMENT	Banff	57:28	7:11	57:44
571	85/159	F40-49	198 Lena SPICER	Golden	57:31	7:12	58:11
572	74/89	M30-39	12 Jeff GERESTEIN	Calgary	57:31	7:12	57:47
573	4/9	M70+	197 David CLAPPERTOON	Golden	57:31	7:12	58:11
574	75/89	M30-39	254 Charles TRUCHON	Calgary	57:36	7:12	59:17
575	31/39	M01-14	935 Logan MACPHERSON	Banff	57:38	7:13	57:51
576	86/159	F40-49	4 Sarah HESFORD	Calgary	57:39	7:13	58:28
577	33/68	F50-59	636 Elsa KAUS	Calgary	57:41	7:13	59:20
578	87/159	F40-49	179 Brandy CALLAHAN	Calgary	57:41	7:13	59:23
579	88/159	F40-49	282 Angela BARRETO	Calgary	57:43	7:13	58:39
580	34/68	F50-59	143 Jennifer FLEMING	Calgary	57:43	7:13	59:21
581	35/68	F50-59	977 Sherri FOWNES	Edmonton	57:43	7:13	59:20
582	17/32	F01-14	917 Becca GRAVELLE	Banff	57:45	7:14	58:22
583	97/150	F30-39	152 Michelle MURRAY	Calgary	57:46	7:14	58:12
584	98/150	F30-39	153 Christine NIEMIEC	Calgary	57:46	7:14	58:12
585	76/89	M30-39	658 Ryan SAPIEHA	Calgary	57:47	7:14	58:47
586	99/150	F30-39	408 Lindsey BEAVER	Halifax	57:48	7:14	58:06
587	100/150	F30-39	462 Marielle SAAYMAN	Calgary	57:52	7:14	58:14
588	75/102	M40-49	1031 Ryan BERG	Calgary	57:54	7:15	58:17
589	77/89	M30-39	461 Cam MCRAE	Calgary	57:54	7:15	58:18
590	101/150	F30-39	402 Naomi MILNE	Calgary	57:57	7:15	58:17
591	102/150	F30-39	58 Sarah RUSZCZAK	Calgary	57:58	7:15	1:08:58
592	103/150	F30-39	196 Kate RUSZCZAK	Canmore	57:58	7:15	1:08:58
593	89/159	F40-49	73 Lesley BECK	Calgary	58:00	7:15	59:42
594	36/68	F50-59	648 Nannette GRETTON	Calgary	58:03	7:16	59:41
595	9/24	F60-69	710 Valerie ERICKSON	Calgary	58:03	7:16	58:59
596	28/34	M50-59	763 Jeff BEAL	Calgary	58:04	7:16	59:43
597	90/159	F40-49	289 Rachel PAXTON	Calgary	58:06	7:16	59:34
598	91/159	F40-49	39 Marin CROMBIE	Calgary	58:06	7:16	59:35
599	92/159	F40-49	491 Rebecca ADELMAN	Lethbridge	58:07	7:16	59:47
600	104/150	F30-39	965 Tehreem AKMAL	Calgary	58:12	7:17	58:47
601	18/32	F01-14	930 Emilia JACKSON	Banff	58:13	7:17	58:49
602	93/159	F40-49	596 Hannah LEE	Calgary	58:14	7:17	59:18
603	94/159	F40-49	348 Patricia UZELAC	Calgary	58:14	7:17	59:18
604	37/68	F50-59	646 Elizabeth NOVAL	Calgary	58:15	7:17	59:16
605	95/159	F40-49	1002 Gina SUTHERLAND	Calgary	58:17	7:18	59:01

606	96/159	F40-49	743 Amy OSBALDESTON	Canmore	58:17	7:18	59:52
607	105/150	F30-39	263 Madison BARTON	Calgary	58:18	7:18	58:48
608	38/68	F50-59	215 Cathryn OWENS	Calgary	58:18	7:18	59:51
609	39/68	F50-59	241 Chantal PRITCHARD	Calgary	58:18	7:18	59:52
610	76/102	M40-49	355 Vince IANNELLI	Calgary	58:19	7:18	59:47
611	78/89	M30-39	356 Josh WORKMAN	Calgary	58:19	7:18	59:48
612	10/24	F60-69	121 Susan ANDERSON-RODGERS	Calgary	58:25	7:19	59:34
613	19/23	F15-19	918 Beth GRAVELLE	Banff	58:26	7:19	58:49
614	79/89	M30-39	764 Michael SHANAHAN	Calgary	58:27	7:19	59:24
615	106/150	F30-39	352 Rebecca MAYHEW	Calgary	58:37	7:20	59:43
616	40/68	F50-59	1038 Heidi ISRAELSON	Calgary	58:39	7:20	1:00:04
617	107/150	F30-39	292 Kajia MILLER	Medicine Hat	58:41	7:21	59:56
618	55/75	F20-29	542 Abigail LOWSON	Medicine Hat	58:51	7:22	59:16
619	19/21	M15-19	543 Isaac LOWSON	Medicine Hat	58:51	7:22	59:17
620	97/159	F40-49	704 Jasmin MULCAHY	Cochrane	58:52	7:22	1:00:06
621	98/159	F40-49	997 Andrea HULL	Calgary	58:55	7:22	1:02:15
622	77/102	M40-49	570 Nick UPPAL	Chestermere	58:58	7:23	1:00:28
623	78/102	M40-49	601 Rob VAN WINKLE	Calgary	58:59	7:23	1:00:29
624	56/75	F20-29	737 Elizabeth BAGULEY	Rocky View County	59:01	7:23	59:54
625	57/75	F20-29	688 Sophie WHEELER	Medicine Hat	59:02	7:23	1:00:20
626	58/75	F20-29	734 Sydney GREEN	Cochrane	59:03	7:23	59:54
627	99/159	F40-49	553 Kimberly GAUTHIER	Calgary	59:16	7:25	1:00:05
628	79/102	M40-49	554 John MULLROONEY	Calgary	59:17	7:25	1:00:07
629	80/102	M40-49	350 Reilly FENTON	Calgary	59:21	7:26	59:49
630	41/68	F50-59	362 Sandra AGUILERA	Calgary	59:21	7:26	1:00:54
631	100/159	F40-49	748 Lauren HUTCHINGS	Calgary	59:31	7:27	1:00:51
632	11/24	F60-69	838 Claire DE REPENTIGNY	Red Deer	59:32	7:27	1:00:53
633	81/102	M40-49	749 Jason ZALUSKI	Calgary	59:32	7:27	1:00:51
634	59/75	F20-29	720 Jennifer DEITER	Calgary	59:39	7:28	1:00:07
635	60/75	F20-29	716 Sarah BURNS	Calgary	59:39	7:28	1:00:07
636	108/150	F30-39	877 Kaitlin O'GRADY	Calgary	59:39	7:28	1:00:07
637	109/150	F30-39	1023 Lindsay BROWN	Calgary	59:44	7:28	59:59
638	1/4	F70+	580 Rita HEMMES-ECKEL	Sherwood Park	59:56	7:30	1:01:20
639	12/24	F60-69	122 Bridget CONROY	Edmonton	59:56	7:30	1:01:21
640	110/150	F30-39	948 Jessica SMID	Redwood Meadows	59:59	7:30	1:01:15
641	111/150	F30-39	177 Kaori MARUYAMA	Invermere	59:59	7:30	1:00:42
642	82/102	M40-49	178 Toby PRYNDIK	Invermere	59:59	7:30	1:00:42
643	112/150	F30-39	1012 Rachelle NORMAN	Calgary	59:59	7:30	1:01:15
644	101/159	F40-49	206 Leslee BOSSERT	Canmore	59:59	7:30	1:00:48
645	5/9	M70+	581 Bruce ECKEL	Sherwood Park	1:00:01	7:31	1:01:24
646	20/21	M15-19	275 Ian AYOTTE	Edmonton	1:00:02	7:31	1:01:01
647	113/150	F30-39	885 Caitlin CLARK	Calgary	1:00:05	7:31	1:01:10
648	114/150	F30-39	295 Bethany SIMPSON	Okotoks	1:00:08	7:31	1:01:19
649	6/9	M70+	555 Bernd PFITZENMAIER	Calgary	1:00:18	7:33	1:01:49
650	102/159	F40-49	351 Tiffany BOULTON	Calgary	1:00:25	7:33	1:00:54
651	115/150	F30-39	65 Brittany SCOTT	Calgary	1:00:26	7:34	1:00:43
652	83/102	M40-49	690 Landon WHITE	Calgary	1:00:32	7:34	1:01:46
653	103/159	F40-49	689 Alison MCDONALD	Calgary	1:00:32	7:34	1:01:46
654	104/159	F40-49	404 Alison CRONK	Red Deer	1:00:36	7:35	1:01:16
655	80/89	M30-39	340 Kyle SILBERNAGEL	Calgary	1:00:39	7:35	1:01:50
656	116/150	F30-39	339 Adrienne WONG	Calgary	1:00:40	7:35	1:01:50
657	32/39	M01-14	740 Noah WILSON	Calgary	1:00:46	7:36	1:01:37
658	61/75	F20-29	286 Sydni ANTENUCCI	Calgary	1:00:47	7:36	1:01:45
659	29/34	M50-59	170 Jason WHEELER	Medicine Hat	1:00:47	7:36	1:02:06
660	62/75	F20-29	288 Merritt MCCLELLAN	Calgary	1:00:48	7:36	1:01:46
661	28/32	M20-29	287 Ethan HOUSTON	Calgary	1:00:48	7:36	1:01:45

662	29/32	M20-29	285 Aidan BANGS	Calgary	1:00:48	7:36	1:01:45
663	117/150	F30-39	21 Alison WOLFORD	Bighorn No. 8	1:00:50	7:37	1:02:16
664	30/34	M50-59	243 Frederick LOISELLE	Calgary	1:00:50	7:37	1:01:41
665	42/68	F50-59	7 Audrey LEES	Drayton Valley	1:00:50	7:37	1:02:15
666	13/24	F60-69	430 Linda MACMILLAN	Cochrane	1:00:51	7:37	1:02:16
667	33/39	M01-14	244 Avery LOISELLE	Calgary	1:00:52	7:37	1:01:42
668	105/159	F40-49	330 Joy ANGELES	Calgary	1:00:54	7:37	1:02:22
669	84/102	M40-49	331 Rainer GARHAMMER	Calgary	1:00:54	7:37	1:02:22
670	118/150	F30-39	201 Cindy DOWSETT	Calgary	1:00:54	7:37	1:02:37
671	34/39	M01-14	898 Holt BOHN	Banff	1:00:55	7:37	1:01:00
672	119/150	F30-39	436 Kelcie SMITH	Calgary	1:00:57	7:38	1:01:28
673	120/150	F30-39	372 Naomi GARCIA	Calgary	1:00:59	7:38	1:02:10
674	19/32	F01-14	932 Poppy LAW	Banff	1:01:02	7:38	1:01:26
675	20/32	F01-14	895 Clara BAKKER	Banff	1:01:04	7:38	1:01:25
676	106/159	F40-49	642 Sarah DURHAM	Calgary	1:01:06	7:39	1:01:58
677	107/159	F40-49	185 Rachel TALAVLIKAR	Calgary	1:01:16	7:40	1:02:16
678	108/159	F40-49	1034 Lee-Ann COVERLY	Cochrane	1:01:17	7:40	1:01:27
679	85/102	M40-49	1035 Kelly BALINT	Cochrane	1:01:22	7:41	1:01:30
680	43/68	F50-59	806 Yadira LOYANAJERA	Didsbury	1:01:23	7:41	1:02:58
681	86/102	M40-49	644 Jason HENDRICK	Calgary	1:01:25	7:41	1:02:16
682	121/150	F30-39	281 Bailee LUCKY	Calgary	1:01:25	7:41	1:02:40
683	122/150	F30-39	280 Devin B	Alberta	1:01:25	7:41	1:02:39
684	35/39	M01-14	921 Isamu HAYASHI	Banff	1:01:27	7:41	1:01:33
685	123/150	F30-39	449 Heather GUMMO	Calgary	1:01:31	7:42	1:02:43
686	109/159	F40-49	533 Alanna DE BOER	Calgary	1:01:31	7:42	1:02:44
687	124/150	F30-39	825 Megan MARSHALL	Cochrane	1:01:32	7:42	1:02:49
688	21/21	M15-19	258 Alex SUCHA	Calgary	1:01:32	7:42	1:03:22
689	10/14	M60-69	261 Guy BAZINET	Calgary	1:01:33	7:42	1:03:22
690	110/159	F40-49	207 Sheila PERSON	Calgary	1:01:38	7:43	1:01:54
691	125/150	F30-39	279 Susan JALILI	Calgary	1:01:38	7:43	1:03:15
692	63/75	F20-29	422 Tanith JONES	Calgary	1:01:45	7:43	1:02:45
693	44/68	F50-59	225 Michèle COWAN	Calgary	1:01:50	7:44	1:03:33
694	45/68	F50-59	192 Jennifer ADAMS	Calgary	1:01:51	7:44	1:03:26
695	20/23	F15-19	228 Cameron OLD	Calgary	1:01:53	7:45	1:03:34
696	111/159	F40-49	539 Kimberley VAN BUUREN	Calgary	1:01:55	7:45	1:03:36
697	126/150	F30-39	655 Jennifer KAVALLINAS	Calgary	1:01:55	7:45	1:03:36
698	46/68	F50-59	114 Claire OWENS	Calgary	1:02:00	7:45	1:03:35
699	21/32	F01-14	962 Jules SMITH	Banff	1:02:11	7:47	1:02:46
700	22/32	F01-14	931 Audrey JACKSON	Banff	1:02:11	7:47	1:02:46
701	112/159	F40-49	151 Kate FITZPATRICK	Calgary	1:02:11	7:47	1:02:50
702	113/159	F40-49	657 Andrea ARNETT	Calgary	1:02:16	7:47	1:03:15
703	30/32	M20-29	880 Kaleb CALVERLEY	Calgary	1:02:17	7:47	1:03:08
704	127/150	F30-39	144 Amanda MACLEOD	Calgary	1:02:20	7:48	1:03:07
705	81/89	M30-39	146 Joshua MCCUTCHEON	Rocky View County	1:02:21	7:48	1:03:07
706	82/89	M30-39	839 Chris KING	Calgary	1:02:39	7:50	1:03:36
707	114/159	F40-49	576 Chastine TAERUM	Cochrane	1:02:42	7:51	1:03:45
708	47/68	F50-59	46 Nikki MOUNTFORD	Calgary	1:02:46	7:51	1:03:52
709	115/159	F40-49	119 Sanghamitra DHAR MCKENTY	Calgary	1:02:47	7:51	1:03:35
710	14/24	F60-69	40 Kerri JAMES	Calgary	1:02:47	7:51	1:03:53
711	116/159	F40-49	577 Shannon WOODWARD	Calgary	1:02:50	7:52	1:03:54
712	128/150	F30-39	860 Lindsay ALLISON	Calgary	1:02:53	7:52	1:04:11
713	129/150	F30-39	1006 Louise RUSH	Calgary	1:03:00	7:53	1:03:40
714	130/150	F30-39	1008 Breanne KUSHNERIUK	Calgary	1:03:00	7:53	1:03:40
715	21/23	F15-19	162 Sydney KARAKOCHUK	Calgary	1:03:00	7:53	1:03:45
716	131/150	F30-39	1007 Julia DAWSON	Calgary	1:03:00	7:53	1:03:40
717	48/68	F50-59	320 Roxanne ROSS	Brooks	1:03:01	7:53	1:04:01

718	83/89	M30-39	126 Mark BROWN	Kimberley	1:03:12	7:54	1:04:51
719	2/2	NOAGE	944 Late REGISTRANT	Calgary	1:03:12	7:54	1:04:51
720	132/150	F30-39	127 Shellyfoo SPADAFORO	Kimberley	1:03:13	7:55	1:04:51
721	84/89	M30-39	55 Faheem SIRAJ	Calgary	1:03:14	7:55	1:03:42
722	22/23	F15-19	896 Aleeta BARR	Banff	1:03:17	7:55	1:03:54
723	117/159	F40-49	490 Natasha SOLTESZ	Medicine Hat	1:03:23	7:56	1:03:41
724	31/34	M50-59	517 Maarten VAN EWIJK	Medicine Hat	1:03:24	7:56	1:03:43
725	118/159	F40-49	516 Jennifer PAHL	Medicine Hat	1:03:24	7:56	1:03:44
726	133/150	F30-39	574 Kathleen KAPKOWSKI	Calgary	1:03:25	7:56	1:05:07
727	87/102	M40-49	518 Matthew CUERDEN	Medicine Hat	1:03:25	7:56	1:03:43
728	134/150	F30-39	24 Avieneet DHILLON	Calgary	1:03:26	7:56	1:04:45
729	119/159	F40-49	229 Nancy MALSBURY	Calgary	1:03:27	7:56	1:05:08
730	88/102	M40-49	346 Derek TRAQUAIR	Calgary	1:03:33	7:57	1:04:15
731	120/159	F40-49	255 Heather DESROCHES	Calgary	1:03:34	7:57	1:04:15
732	89/102	M40-49	1014 Grant ADMIRAAL	Calgary	1:03:35	7:57	1:05:05
733	121/159	F40-49	1015 Michelle ADMIRAAL	Calgary	1:03:36	7:57	1:05:05
734	122/159	F40-49	585 Tiana DEMERS	Calgary	1:03:36	7:57	1:05:07
735	90/102	M40-49	584 Tyler DEMERS	Calgary	1:03:37	7:58	1:05:06
736	123/159	F40-49	625 Lindsay WINTER	Calgary	1:03:37	7:58	1:05:05
737	91/102	M40-49	626 Aaron KATERENCHUK	Calgary	1:03:38	7:58	1:05:05
738	124/159	F40-49	1032 Sophie PILON	Calgary	1:03:38	7:58	1:05:06
739	135/150	F30-39	328 Kayla DUBOWSKI	Okotoks	1:03:45	7:59	1:04:57
740	125/159	F40-49	559 Cara HANER	Okotoks	1:03:45	7:59	1:04:56
741	15/24	F60-69	1011 Jocelyn FRANKOW	Calgary	1:03:46	7:59	1:05:12
742	85/89	M30-39	274 Zach JAMIESON	Edmonton	1:03:49	7:59	1:04:46
743	86/89	M30-39	273 Devin AYOTTE	Nanaimo	1:03:50	7:59	1:04:46
744	126/159	F40-49	353 Dawn MITCHELL	Airdrie	1:03:51	7:59	1:04:59
745	32/34	M50-59	129 Wesley JOHN	Calgary	1:03:54	8:00	1:05:41
746	136/150	F30-39	361 Chelsea HOLMAN	Calgary	1:04:12	8:02	1:05:38
747	127/159	F40-49	360 Colleen FLYNN	Calgary	1:04:12	8:02	1:05:38
748	36/39	M01-14	819 Ben LAVERICK	Calgary	1:04:29	8:04	1:05:51
749	128/159	F40-49	818 Jenn LAVERICK	Calgary	1:04:33	8:05	1:05:53
750	23/32	F01-14	739 Pia WILSON	Calgary	1:04:43	8:06	1:05:30
751	92/102	M40-49	157 Grant WILLIAMSON	Calgary	1:04:45	8:06	1:05:21
752	24/32	F01-14	938 Elise MATHEUSIK	Banff	1:04:45	8:06	1:04:47
753	129/159	F40-49	135 Jillian WILLIAMSON	Calgary	1:04:45	8:06	1:05:22
754	25/32	F01-14	245 Cedar LOISELLE	Calgary	1:04:46	8:06	1:05:32
755	130/159	F40-49	804 Jillian COLBERT	Calgary	1:04:48	8:06	1:05:21
756	131/159	F40-49	444 Jill COLBERT	Calgary	1:04:48	8:06	1:05:21
757	31/32	M20-29	97 Morgan POOLE	Sherwood Park	1:05:03	8:08	1:06:28
758	93/102	M40-49	631 Scott SCHALY	Calgary	1:05:11	8:09	1:05:44
759	94/102	M40-49	464 Dave POWELL	Calgary	1:05:30	8:12	1:05:40
760	37/39	M01-14	847 Jj MCVEY	Calgary	1:05:40	8:13	1:07:13
761	132/159	F40-49	202 Lisa GRANT	Calgary	1:05:43	8:13	1:07:27
762	49/68	F50-59	174 Andrea COSWAN	Calgary	1:06:07	8:16	1:07:18
763	133/159	F40-49	173 Brandie KRUSE	Calgary	1:06:08	8:16	1:07:21
764	26/32	F01-14	899 Lynae BOHN	Banff	1:06:21	8:18	1:06:25
765	134/159	F40-49	233 Kathleen RUNDLE	Calgary	1:06:34	8:20	1:08:11
766	135/159	F40-49	160 Melissa KARAKOCHUK	Calgary	1:06:45	8:21	1:07:29
767	136/159	F40-49	5 Jacqueline MILLER	Halifax	1:06:46	8:21	1:07:35
768	95/102	M40-49	800 Dan EVANS	Canmore	1:06:48	8:21	1:07:27
769	137/159	F40-49	854 Vanessa KEAY	Canmore	1:06:50	8:22	1:07:28
770	137/150	F30-39	1001 Loshini VICKNESHWARAN	Calgary	1:06:52	8:22	1:07:50
771	7/9	M70+	794 Dave HUTCHINSON	Calgary	1:07:09	8:24	1:07:19
772	138/159	F40-49	210 Sandra JACOBI	Airdrie	1:07:12	8:24	1:08:15
773	96/102	M40-49	209 Christopher JACOBI	Airdrie	1:07:13	8:25	1:08:15

774	50/68	F50-59	337 Amanda TURVEY	Calgary	1:07:20	8:25	1:08:52
775	51/68	F50-59	336 Aj MATSUNE	Calgary	1:07:21	8:26	1:08:51
776	139/159	F40-49	594 Julie DAVIDSON	Calgary	1:07:33	8:27	1:08:17
777	140/159	F40-49	595 Olivia MUIR	Calgary	1:07:34	8:27	1:08:18
778	52/68	F50-59	251 Michelle COOZE	Canmore	1:07:42	8:28	1:08:16
779	27/32	F01-14	252 Audrey FALKE	Canmore	1:07:43	8:28	1:08:17
780	11/14	M60-69	56 Bill YOUNG	Airdrie	1:07:46	8:29	1:09:01
781	28/32	F01-14	959 Zara SHIVJI	Banff	1:07:51	8:29	1:08:15
782	64/75	F20-29	358 Sarah REID	Calgary	1:07:56	8:30	1:08:06
783	138/150	F30-39	653 Anna SELTNER	Calgary	1:08:03	8:31	1:09:06
784	53/68	F50-59	89 Lee-Ann WINDER	Calgary	1:08:12	8:32	1:09:37
785	16/24	F60-69	412 Sheila O'NEILL	Edmonton	1:08:24	8:33	1:09:48
786	54/68	F50-59	90 Janice BIDYK	Calgary	1:08:25	8:34	1:09:50
787	55/68	F50-59	413 Mary Lou KOSTYSHEN	Edmonton	1:08:25	8:34	1:09:49
788	141/159	F40-49	104 Christine OVIATT	Lethbridge	1:08:34	8:35	1:10:17
789	65/75	F20-29	786 Allison FREZELL	Invermere	1:08:37	8:35	1:09:44
790	66/75	F20-29	1041 Emma BELLERBY	Invermere	1:08:37	8:35	1:09:44
791	32/32	M20-29	604 Jeremy SMITH	Panorama	1:08:54	8:37	1:10:02
792	142/159	F40-49	62 Tanya BEFUS	Calgary	1:09:05	8:39	1:10:12
793	143/159	F40-49	661 Alison DARLING	Calgary	1:09:05	8:39	1:10:12
794	67/75	F20-29	605 Kennedy SEMPLÉ	Panorama	1:09:12	8:39	1:10:20
795	68/75	F20-29	614 Julia PRICE	Panorama	1:09:13	8:40	1:10:20
796	139/150	F30-39	524 Allison FITZSIMONS	Cochrane	1:09:21	8:41	1:10:01
797	140/150	F30-39	525 Kayla SESSENWEIN	Oliver	1:09:21	8:41	1:09:59
798	56/68	F50-59	61 Ally MORBERG	Calgary	1:09:23	8:41	1:09:55
799	69/75	F20-29	891 Jenai HORDAL	Bighorn No. 8	1:09:29	8:42	1:10:52
800	87/89	M30-39	20 Kodi HODGEN	Bighorn No. 8	1:09:30	8:42	1:10:52
801	141/150	F30-39	607 Carly MACMILLAN	Cochrane	1:09:35	8:42	1:11:21
802	70/75	F20-29	98 Meredith POOLE	Sherwood Park	1:09:37	8:43	1:11:00
803	12/14	M60-69	99 Gary POOLE	Forestburg	1:09:38	8:43	1:11:01
804	144/159	F40-49	941 Roopa MCKELLAR	Calgary	1:09:39	8:43	1:10:33
805	38/39	M01-14	942 Eli MCKELLAR	Banff	1:09:40	8:43	1:10:34
806	57/68	F50-59	647 Lucelie APOSTOL	Calgary	1:09:40	8:43	1:10:41
807	58/68	F50-59	649 Ofelia WARREN	Edmonton	1:09:41	8:43	1:10:41
808	17/24	F60-69	638 Claudia WEIGELSBERGER	Calgary	1:09:56	8:45	1:11:25
809	71/75	F20-29	639 Billie COPITHORNE	Calgary	1:09:56	8:45	1:11:24
810	145/159	F40-49	80 Chevaunne MACPHERSON-PIERRE	Airdrie	1:10:09	8:47	1:10:51
811	97/102	M40-49	81 Jay PIERRE	Airdrie	1:10:11	8:47	1:10:52
812	88/89	M30-39	654 Daniel MORLEY	Calgary	1:11:01	8:53	1:12:05
813	72/75	F20-29	685 Rosie WHEELER	Medicine Hat	1:11:16	8:55	1:12:45
814	142/150	F30-39	842 Laila STONE	Medicine Hat	1:11:16	8:55	1:12:44
815	146/159	F40-49	480 Elli BUKOVNIK	Invermere	1:11:36	8:57	1:12:21
816	147/159	F40-49	182 Haruka WATANABE	Invermere	1:11:36	8:57	1:12:21
817	148/159	F40-49	856 Paula BOULTON	Calgary	1:12:04	9:01	1:13:09
818	98/102	M40-49	623 Kyle KAPP	Calgary	1:12:32	9:04	1:13:07
819	149/159	F40-49	622 Jesa TAINIO-KAPP	Calgary	1:12:33	9:05	1:13:07
820	99/102	M40-49	950 Carson HUNTER	Calgary	1:12:33	9:05	1:13:07
821	59/68	F50-59	990 Mala GUPTA	Calgary	1:13:13	9:10	1:14:25
822	150/159	F40-49	84 Lacey LAW	Calgary	1:13:13	9:10	1:14:25
823	151/159	F40-49	172 Jennifer GIBLIN	Calgary	1:13:13	9:10	1:14:25
824	18/24	F60-69	428 Mary FULLERTON	Calgary	1:13:18	9:10	1:13:54
825	8/9	M70+	370 James HUTCHISON	Calgary	1:13:28	9:11	1:13:49
826	73/75	F20-29	746 Kiana ADAMS	Calgary	1:13:41	9:13	1:15:13
827	60/68	F50-59	169 Sarah WHEELER	Medicine Hat	1:13:43	9:13	1:14:58
828	39/39	M01-14	546 Kai MASTALERZ	Calgary, Ab	1:13:44	9:13	1:13:47
829	100/102	M40-49	547 Mike MASTALERZ	Calgary, Ab	1:13:45	9:14	1:13:48

830	152/159	F40-49	1009 Jackie HIRON	Alix	1:13:57	9:15	1:14:11
831	89/89	M30-39	641 Keegan SELTNER	Calgary	1:13:59	9:15	1:15:00
832	33/34	M50-59	1010 Gary KROCHAK	Alix	1:14:32	9:19	1:14:46
833	153/159	F40-49	130 Kellie ADAMS	Calgary	1:14:41	9:21	1:15:14
834	101/102	M40-49	131 Rob ADAMS	Calgary	1:14:42	9:21	1:15:13
835	154/159	F40-49	78 Julianne PORTER	Banff	1:15:35	9:27	1:15:55
836	19/24	F60-69	681 Sharon TOMKINS	Calgary	1:15:43	9:28	1:17:03
837	74/75	F20-29	683 Kaelyn TOMKINS	Tacoma	1:15:49	9:29	1:17:11
838	143/150	F30-39	682 Alexandra HAGER	Pomona	1:15:50	9:29	1:17:11
839	155/159	F40-49	478 Tiffany WIGHT	Calgary	1:16:13	9:32	1:17:45
840	13/14	M60-69	535 James KEELING	Calgary	1:16:21	9:33	1:17:37
841	20/24	F60-69	378 Victoria MARCHAND	Calgary	1:16:22	9:33	1:27:22
842	61/68	F50-59	780 Lisa WORTHINGTON	Calgary	1:16:46	9:36	1:17:01
843	34/34	M50-59	105 Tim JORGENSEN	Lethbridge	1:17:03	9:38	1:18:46
844	9/9	M70+	96 Jim FRY	Calgary	1:17:14	9:40	1:18:22
845	144/150	F30-39	347 Ana NAZAROFF	Calgary	1:17:16	9:40	1:18:22
846	75/75	F20-29	608 Paige CORIIGAN	Millet	1:18:13	9:47	1:19:03
847	62/68	F50-59	15 Rachele CORRIGAN	Millet	1:18:14	9:47	1:19:03
848	63/68	F50-59	784 Debbie ZELEZ	Okotoks	1:20:30	10:04	1:21:26
849	64/68	F50-59	987 Lara SEWARD-GUÉNETTE	Canmore	1:20:31	10:04	1:21:27
850	21/24	F60-69	783 Louise DOUGHERTY	Calgary	1:20:31	10:04	1:21:27
851	22/24	F60-69	349 Maureen MARSHALL	Calgary	1:20:42	10:06	1:21:55
852	156/159	F40-49	1040 Monica WIERSMA	Calgary	1:21:51	10:14	1:29:08
853	157/159	F40-49	265 Christina MA	Calgary	1:21:52	10:14	1:29:08
854	145/150	F30-39	314 Laura KEATING ELSKE	Calgary	1:21:59	10:15	1:22:40
855	29/32	F01-14	548 Madelyn JOHNSTON	Calgary, Ab	1:22:20	10:18	1:22:56
856	158/159	F40-49	551 Liana PHOENIX	Calgary, Ab	1:22:21	10:18	1:22:57
857	30/32	F01-14	549 Olivia JOHNSTON	Calgary, Ab	1:22:21	10:18	1:22:57
858	31/32	F01-14	550 Anna MASTALERZ	Calgary, Ab	1:22:25	10:19	1:23:01
859	2/4	F70+	512 Ann WARNOCK	Calgary	1:22:58	10:23	1:24:00
860	65/68	F50-59	774 Carolyn BOSCH	Calgary	1:23:39	10:28	1:31:19
861	146/150	F30-39	974 Anna MARRELLO	Calgary	1:23:40	10:28	1:25:15
862	159/159	F40-49	827 Shauna CARSON	Calgary	1:23:40	10:28	1:31:21
863	23/23	F15-19	566 Pauline DOUCHA	Calgary	1:23:41	10:28	1:31:21
864	66/68	F50-59	565 Michelle BAMFORD	Calgary	1:24:06	10:31	1:31:47
865	67/68	F50-59	51 Elan LAMONTAGNE	Calgary	1:24:28	10:34	1:31:45
866	23/24	F60-69	536 Lynn KEELING	Calgary	1:25:31	10:42	1:26:47
867	24/24	F60-69	826 Karen BLACKMUR	Calgary	1:26:05	10:46	1:27:09
868	14/14	M60-69	379 Brent MARCHAND	Calgary	1:26:07	10:46	1:27:11
869	68/68	F50-59	506 Amanda HALEK	Calgary	1:26:53	10:52	1:28:44
870	3/4	F70+	110 Shirley MACEY	Lethbridge	1:30:34	11:20	1:32:18
871	147/150	F30-39	257 Nicole BAZINET	Calgary	1:30:44	11:21	1:32:27
872	148/150	F30-39	260 Monique BAZINET	Calgary	1:33:12	11:39	1:34:57
873	32/32	F01-14	902 Hazel CARSON BURFORD	Banff	1:33:13	11:40	1:34:07
874	4/4	F70+	795 Janet HUTCHINSON	Calgary	1:35:37	11:58	1:37:04
875	102/102	M40-49	11 Pawel NIEMCZYK	Calgary	1:35:41	11:58	1:36:54
876	1/1	N50-59	859 Scott HYNDMAN	Calgary	1:39:14	12:25	1:41:26
877	149/150	F30-39	624 Rachel TULK	Calgary	1:39:39	12:28	1:41:20
878	150/150	F30-39	575 Ivanna ODEGARD	Calgary	1:39:39	12:28	1:41:21

▲